

Paid Advertisement

Toronto metro



Your essential daily news | WEEKEND, OCTOBER 16-18, 2015



metroSPORTS

At last.

**Toronto FC makes the
2015 MLS Cup Playoffs.**

■ **The story has yet to unfold...**



Saturday's jackpot
\$64,000,000
 estimated
 Sunday's toolbox
 welcome to cloud 649



plus the guaranteed
\$1 million prize draw

Know your limit
 Play within it
 knowyourlimit.ca

clg.ca
 1-800-387-0098



Toronto metro



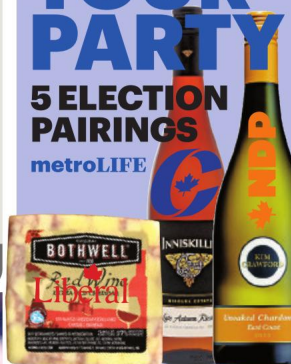
Yours \$1.50 WEEKEND, OCTOBER 16-18, 2015 High 13°C/Low 1°C Sun and cloud

MEET TORONTO'S NEWEST SPORTS CELEBRITY

12-year-old Jays fan ignites the country metroNEWS

PARTY FOR YOUR PARTY

5 ELECTION PAIRINGS
 metroLIFE



JESSICA ALLEN
 election movies



Shelter plan 'too little, too late'

POVERTY

91 new beds won't replace those lost this year: Activist



Steven Goetz
 Metro | Toronto

Activists warn a city plan to pump \$2.5 million into new shelter beds for the homeless is "too little, too late."

City staff's proposed addition of 91 new beds won't even replace those already lost this year, said John Clarke, organizer with the Ontario Coalition Against Poverty.

"At most, it compensates for some shelters that have closed, but it comes nowhere near meeting their own promises," Clarke said.

In 2013, council set a target to lower occupancy rates to below 90 per cent.

Two years later, the system continues to operate at or near capacity. On Tuesday, for example, the occupancy rate was 95 per cent.

The total number of shelter beds has dropped to 4,280 from 4,476 in February.

Among the biggest closures are the Salvation Army's 124-bed Hope Shelter and the YWCA Beatrice House, a 70-bed family shelter. Next week, the 60-bed Second Base Youth Shelter will close, adding to the crunch.

"It's a grim situation," Clarke said.

Council added \$2.5 million to this year's budget to pay for new beds and move the shelter system in the direction of its 90 per cent target.

A committee gave approval Thursday to spend most of the money on 91 new beds at eight sites across the city. Forty are expected to open by the end of the year, but the rest won't be available until early next year, according to a city report.

Another 30 beds will be added to the system when an existing shelter in Scarborough can find a location to expand.

Phillip Abrahams, general manager of city shelters, said his team is working to find permanent housing for regular shelter users to free up bed spaces.

Asked directly if the shelter system is on track to lose capacity this year, Abrahams said only: "It's challenging."

metr PLUS
 Find out about other facilities on page 6

VFS 30TH ANNIVERSARY INFO SESSIONS

MEET VANCOUVER FILM SCHOOL IN A CITY NEAR YOU.

- > Find a career in animation, film, games, design, sound, or programming
- > Get details about our \$300,000 anniversary scholarship fund
- > Learn about intensive one-year training in Vancouver, Canada
- > Discover if VFS is the right education choice for you

OCTOBER 24 | 2:00PM-5:00PM
 METRO TORONTO CONVENTION CENTRE

OCTOBER 25 | 2:00PM-5:00PM
 SHERATON PARKWAY

REGISTER TO SAVE YOUR SEAT
 NOW AT VFS.EDU/TORONTO

30 YEARS
 THOUSANDS OF CAREERS





Even better business bundle. Even more affordable.

Keeping up with the pace of business requires the right tools. Do more and make more with a better business bundle from Bell, Canada's #1 Internet and phone service provider.¹ Now more affordable than ever.

FROM \$84 28/MO.
On a 36-month term

- Business Fibe Internet with up to 25 Mbps download and up to 10 Mbps upload speeds²
- Unlimited Internet usage
- New Bell Hub Wi-Fi modem
- Total Protect security services - Internet, Data and PC Protect - only available with Bell³
- Business phone line with 10 calling features, including Voicemail
- 2,400 minutes of Canada/U.S. long distance⁴

Call 1-866-655-4278 or visit bell.ca/businessbundles.

Bell your business
just got
better

Offer ends November 22, 2015. Available to new Business customers in Ontario where access and technology permit. Subject to change without notice and cannot be combined with any other offer. Early cancellation charges apply. Based on a 3-yr. contract term. \$200 Basic Bundle installation fee applies. Taxes extra. Other conditions apply. Internet: Wi-Fi modem rental included. Business phone: Available where not regulated by the CRTC. Fibe is a trademark of Bell Canada. (1) Based on total number of subscribers (2) Speeds and signal strength may vary with your configuration, Internet traffic, server, environmental conditions or other factors; see bell.ca/businessinternet. (3) Includes 1 license of: Internet protect, data protect and PC protect. Subject to technical requirements at bell.ca/totalprotection. (4) Applies to direct-dialled outbound calls to Canada and the continental U.S., incl. Alaska and Hawaii; excl. toll-free calls (\$0.05/additional min.). Calls to certain conference or adult services or to high-cost areas may be restricted.



5

WAYS THE ELECTION COULD AFFECT T.O. PROJECTS

For better or worse, the fate of Toronto's infrastructure — from housing to transit — is tied to the federal government's purse strings. Throughout the election, the major parties have made their pitch on how best to fund much-needed investment in the country's largest city. Here's a look at some of the major infrastructure projects currently on deck in Toronto, and what Monday's election may mean for them.



Luke Simcoe
Metro | Toronto

1 Downtown Relief Line

Considered vital by transit advocates, a downtown relief subway line would help relieve congestion on the Yonge line and local GO trains. However, there's no solid municipal funding plan for the line, meaning it's unlikely to be built without federal support. All three major parties are pitching infrastructure investment that could help: the Liberals are promising \$20 billion nationally for infrastructure over 10 years, the NDP have pledged to spend \$1.6 billion a year on Toronto transit alone, while the Conservatives have offered an annual national transit fund of \$1 billion.



2 SmartTrack

John Tory's election promise, a rapid transit rail line from Pearson Airport to Markham, appears to have support from all three major parties. Both the Liberals and Conservatives have committed \$2.6 billion to the project, and the NDP have said cities are free to spend federal transit cash as they see fit. For more coverage, see page 7.



3 The Island airport expansion

Porter Airlines has long sought to extend the runway at Billy Bishop Airport and fly jets out of the terminal — a change that would require the blessing of all three levels of government. Executives at the airline can't be thrilled by the polls in the riding of Spadina-Fort York, which includes Toronto Island. The riding is almost certain to end up in either Liberal or NDP hands, and both Olivia Chow and the Grits' Adam Vaughan are vocal opponents of the airport expansion.



4 Scarborough subway

Unlike many Torontonians, the federal parties appear to have little appetite for re-opening the Scarborough subway debate. The Conservatives are sticking to their plan to pony up \$660 million for the project (council has budgeted \$3.56 billion for the subway line, but the actual costs will depend on alignment), and the Liberals and NDP have said they would honour that pledge if elected.



3 TCH

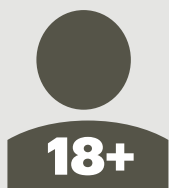
Toronto Community Housing is facing a funding shortfall of \$1.73 billion. Faced with crumbling buildings and a wait list that's nearing six figures, the agency is in dire need of more government cash.

Affordable housing is included in the Liberals' \$20-billion investment in "social infrastructure." The NDP have pledged to create a national housing strategy and invest \$2 billion nationally in social housing and co-ops by 2020. The Conservatives are touting a similar \$1.9 billion investment in affordable housing by 2019.

metroexplains the easy guide to voting

Monday's election will be the first under the Conservatives' new Fair Elections Act, meaning the rules for voting are slightly different. Fortunately, Metro has you covered with a user-friendly guide to casting your ballot.

WHO CAN VOTE



Any Canadian citizen over the age of 18 is entitled to vote. Does that include you?

WHAT TO BRING



In previous elections, the voter card sent to you by Elections Canada was sufficient I.D. Not anymore, so be sure to bring a piece of government-issued I.D. along with proof of address. A driver's licence, health card or student I.D. along with a utility bill or bank statement should do the trick.

WHERE TO VOTE



The Elections Canada website (elections.ca) lets you look up your federal riding and closest polling station just by typing in your postal code.

WHEN TO VOTE



Polls will be open from 9:30 a.m. to 9:30 p.m. on Monday.

Teaching program carves future for the war-ravaged

PARTNERSHIP

Project aims to boost thirst for education among refugees

Sahra Mohamed Ismail peers into the smartphone camera.

"Me, I will be a role model," she says, seated easily at a classroom table, in a video shot to mark her graduation.

Around her, the arid plains of eastern Kenya are invisible to the lens, as is the broader state of limbo many inhabitants of the world's largest refugee camp — Dadaab — find themselves in.

Ismail is one of 59 university-level students in Dadaab to have climbed the first of four rungs on the way to a bachelor of education. They earned a certificate of completion in education studies through a special program out of York University, though none could attend the ceremony Thursday afternoon, an ocean and a continent away. They did it without leaving the camp, Dadaab, which has been described as an open-air prison.

Ismail, 30, and roughly 300 other students are enrolled in a teaching program that has bloomed amidst the arid byways of the sprawling, semi-permanent camp she has called home for decades.

The Somali-born refugee began classes last year while pregnant with her now 8-month-old son. She says in the video she hopes the skills and knowledge she's acquired will help boost the quality of education and change attitudes at Dadaab.

"In most of the refugee camps girls are discouraged to be a teacher," notes Ismail, who



As the sun rises, a herder moves his goats out into the bush from the Dadaab refugee camp, which the Kenyan government often threatens to shut down. MICHELLE SHEPARD/TORSTAR NEWS SERVICE

The accomplishments of these students is powerful proof ... that an education holds the promise of a better life.

York University president Mamdouh Shoukri

works without certification as a primary school teacher in the camp.

Two-thirds of her cohort teach locally. Only one in four secondary school students at the camp are female, according to York's Centre for Refugee Studies. Nearly 40 per cent of its first cohort, Ismail included, are women, however.

The centre's Borderless Higher Education for Refugees pro-

ject has been on the ground in Kenya for just over a year. Teachers and graduate students from York as well as Kenyatta and Moi universities in Kenya conduct an intensive three-month course session, then teach via online classes the rest of the year.

The program aims to carve out a future for those like Ismail hoping one day to leave Dadaab, where roughly 350,000 refugees, most from war-ravaged Somalia,

eke out an existence.

Wenona Giles, the centre's deputy director who co-heads the project, says "it makes no sense" to ignore the thirst for education in places like Dadaab.

"It costs a lot more in terms of people's lives if young people decide to go into dangerous and precarious forms of employment that contribute to ongoing violence," she stated.

Safety has improved recently in northern regions of Somalia like Somaliland and Puntland, Giles says, making refugee repatriation a possibility.

"Many of them are already starting to go home, and they will be better educated to help in the reconstruction of their



Sahra Mohamed Ismail.
COURTESY YORK UNIVERSITY

country," she said.

"And they will also be better prepared ... to resettle in Kenya and in other parts of the world, like Canada," Giles added, calling on the country to take in more refugees in the wake of the crisis in Syria.

The project, funded by a \$4.5-million contribution from the Department of Foreign Affairs, Trade and Development, is a partnership primarily between York and Kenyatta.

The UN High Commissioner for Refugees plays a role, hosting on-the-ground classes in its compound, where teachers reside and students are frisked daily.

Giles said the Moi University, the University of British Columbia, the University of Ottawa and the Technical University of Singapore are considering or already developing courses for refugee camp residents.

"The accomplishments of these students is powerful proof of one of the highest aims of education — and, in this sense, their remarkable story is in some ways shared by all of our graduating students — which is that an education holds the promise of a better life," said York University president and vice-chancellor Mamdouh Shoukri.

TORSTAR NEWS SERVICE

STUDENT'S DEATH

Drunk driver's charges expand

Police in London, Ont., have upgraded the charges against a man arrested in connection with the death of a Scarborough woman who was hit by a minivan on the Western University campus.

Eighteen-year-old Andrea Christidis died in hospital last Friday after she was hit while walking at the university two days earlier.

Police had originally charged 24-year-old Jared DeJong with dangerous driving causing bodily harm, impaired operation causing bodily harm and having in excess of 80 milligrams of alcohol per 100 millilitres of blood.

Following Christidis' death, DeJong is now charged with impaired driving causing death, criminal negligence causing death and operating a motor vehicle with over 80 milligrams of alcohol per 100 millilitres of blood.

Christidis' family has said they are "heartbroken and deeply saddened" by her death. THE CANADIAN PRESS

ENERGY BOARD

Ontario gets set for hike in electricity costs Nov. 1

Electricity rates are going up again in Ontario starting Nov. 1.

The Ontario Energy Board says the peak price for electricity — between 7 a.m. and 11 a.m. and from 5 p.m. to 7 p.m. — will rise by 1.4 cents to 17.5 cents a kilowatt hour.

The mid-peak price from 11 a.m. to 5 p.m. will rise by 0.6 cents to 12.8 cents a kWh.

And the off-peak rate from 7 p.m. to 7 a.m. and all day weekends and holidays jumps 0.3 cents to 8.3 cents a kWh, less than half the on-peak price.

The energy board says the increases will add about \$4.42 to the electricity line on the average monthly electricity bill for a household that uses about 800 kWh a month.

It says about 40 per cent of the rate increase is because of higher costs from Ontario Power Generation's nuclear and hydro-electric generating stations.

THE CANADIAN PRESS

ONE-DAY EVENT
BICYCLE FALL
BLOWOUT

BEST DEALS

YEAR-END CLEAROUT

SATURDAY
OCT. 17, 2015
10 am - 5 pm

Enercare Centre, East Annex, Hall F,
Door 33, Exhibition Place, Toronto

ADMISSION
\$5 **PEDAL**

SALE

TORONTO ZOO

Both panda cubs stable, healthy

Er Shun's three-day old cubs are doing just fine.

Despite some recent weight fluctuations with both of the Chinese giant panda's newborns, Toronto Zoo said Thursday that both panda cubs are stable and healthy. The zoo's wildlife health team is swapping out each cub to allow Er Shun to bond with one cub while giving experts a chance to weigh and observe the other.

Toronto Zoo staff have also been sharing tips and information on the birth with experts at the Chengdu Research Base



These twin bundles of joy were born Tuesday to a giant panda on loan from China. TORONTO ZOO

of Giant Panda Breeding in China over the last few days.

"The Toronto Zoo wants to thank everyone for the ongoing support and encourage-

ment ... We continue to be cautiously hopeful with their progress," said the Toronto Zoo in a statement Thursday.

TORSTAR NEWS SERVICE

SATURDAY, OCTOBER 17 & SUNDAY, OCTOBER 18

Get

18,500

**SHOPPERS OPTIMUM
BONUS POINTS®**

WHEN YOU SPEND \$75 OR
MORE* ON ALMOST ANYTHING
IN THE STORE.

THAT'S A

\$25

SAVINGS
VALUE!

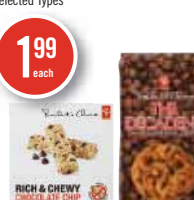
OPTIMUM'S
15TH
BIRTHDAY

FREE

feels good™



PLUS RED HOT SAVINGS Saturday, October 17 to Friday, October 23

4⁹⁹ each  L'ORÉAL HAIR EXPERTISE HAIR CARE PRODUCTS Selected Types & Sizes	NEW EXTRAORDINARY OIL 7⁹⁹ each  JOHN FRIEDA HAIR CARE PRODUCTS Selected Types & Sizes	10⁹⁹ each  PAMPERS BABY DRY JUMBO DIAPERS Selected Types & Sizes	6⁹⁹ each  PLAYTEX SPORT PADS (36's), COMBO PACK (32's - 48's) or TAMPONS (32's - 36's) Selected Types	9⁹⁹ each NEW PUSH UP DRAMA  MAYBELLINE NEW YORK THE FALSE LIES PUSH UP DRAMA MASCARA or LASTING DRAMA GEL PENCIL Selected Types	4⁹⁹ each  DOVE HAIR CARE PRODUCTS Selected Types & Sizes	Starting at \$10 each  QUO COSMETIC PRODUCTS Selected Types
2⁹⁹ each 10x THE POINTS  COLGATE 360° MANUAL TOOTHBRUSH (1's) or TOOTHPASTE (75mL - 170mL) Selected Types	6⁹⁹ each  LISTERINE SUPER PREMIUM MOUTHWASH 946mL - 1L Selected Types	20% off*  SONICARE POWER TOOTHBRUSH (1's) or BRUSH HEADS REFILLS (2's) Selected Types	5⁹⁹ each  CREST 3D WHITE BRILLIANCE TOOTHPASTE (65mL - 90mL) or MOUTHWASH (473mL - 1L) Selected Types	1⁹⁹ each  PC THE DECADENT COOKIES (280g - 300g) or GRANOLA BARS (169g - 206g) Selected Types	3⁴⁹ each  TWIX BITES (230g) or M&M's (162g - 230g) Selected Types	2/\$5 or 2.69 each  COUNTRY HARVEST GRAINS BREAD 675g Selected Types






SHOPPERS

DRUG MART



Prices and Shoppers Optimum Bonus Points® in effect from Saturday, October 17 until Friday, October 23, 2015 while quantities last. We reserve the right to limit quantities. *Our Regular Price. †Offer valid on the purchase total of eligible products using a valid Shoppers Optimum Card® after discounts and redemptions and before taxes Saturday, October 17 & Sunday, October 18, 2015 only. Maximum 18,500 points per offer regardless of total dollar value of transaction. Excludes prescription purchases, products that contain codeine, non-pointable items, tobacco products (where applicable), lottery tickets, stamps, transit tickets and passes, event tickets, gift cards, prepaid card products and Shoppers Home Healthcare® locations. Offer applies to photofinishing services that are picked up and paid for on the days of the offer only. Not to be used in conjunction with any other points promotions or offers. See cashier for details. Shoppers Optimum Points® and Shoppers Optimum Bonus Points® have no cash value but are redeemable under the Shoppers Optimum and Shoppers Optimum Plus programs for discounts on purchases at Shoppers Drug Mart. The savings value of the points set out in this offer is calculated based on the Shoppers Optimum Program® rewards schedule in effect at time of this offer and is strictly for use of this limited time promotion. The savings value obtained by redeeming Shoppers Optimum Points will vary depending on the Shoppers Optimum Program reward schedule at time of redemption and other factors, details of which may be found at shoppersdrugmart.ca. © 911979 Alberta Ltd.

Runner is recovering one step at a time

MARATHON

Rob Ocampo raising money for charity in spite of illness



Fernando Carneiro
Metro | Toronto

Five years ago Rob Ocampo weighed 98 pounds, had a colostomy bag attached to a piece of intestine hanging from his belly and struggled with depression.

This Sunday, the 39-year-old is attempting to finish the Scotiabank Toronto Waterfront Marathon.

For a guy who's literally gutless — Ocampo's large intestine was removed during one of four surgeries to treat Crohn's Disease — it was gutsy to even start exercising.

"For a long time, running was something I couldn't do and I wanted to prove that I'm not

the person I was when I was sick," Ocampo said.

After growing up in Scarborough, he moved to Pittsburgh to be closer to his wife's family. Ocampo's doctor in that city, David Binion, said his injuries were life threatening.

"(He) was extremely ill... with frequent hospitalizations and emergent surgeries," Binion said.

Robin Kear, Ocampo's wife, said she worried he was going to die.

"He had to use a motorized scooter just to get to the grocery store. He was so weak. He couldn't keep food down," Kear said. "That went on for at least two months."

Their toddler didn't understand why dad was always tired.

Ocampo remembers taking his son to a park after being prescribed Ritalin for depression.

"Normally I would just be a lump, but that day I started running with (my son) and I was just chasing him through this wide-open field and that was one of my happiest times.

STATISTICS

Crohn's Disease or colitis affects 1 in 150 Canadians — a rate that ranks highest worldwide. More alarming, the number of new cases of Crohn's in Canadian children has almost doubled since 1995. **SOURCE: CROHN'S AND COLITIS CANADA**

I hadn't been that happy in a long time."

During Ocampo's fourth surgery doctors used a piece of small intestine to rebuild his colon. Going in, they warned the chance of ditching the colostomy bag was slim.

"I emptied the bag for the last time and I gave it the finger," Ocampo said. "After the surgery, I woke up, looked at my belly and there was no bag." He then smiled and fell back asleep.

Ocampo was told to walk down the hallway for exercise, as a way to promote blood flow to his abdomen. He did it twice as often as the doctors sug-

gested, always thinking about the colostomy bag.

It took him about two years before he felt strong enough to run. Kear calls it her husband's attempt to "get revenge on Crohn's."

"The first run was horrible," Ocampo said. "I went out and ran two miles and my body was screaming. My skin was itchy, my lungs hurt with every single breath. My knees hurt, everything."

He said pride and family kept him going. He used organized races to set goals and within a few months he completed a 10-kilometre run. This past summer, Ocampo ran a half marathon.

"I never thought I would ever be capable of finishing a full marathon," Ocampo said. "I'm going to do it. I really feel training for this, being able to accomplish this, that I can do anything I set my mind to."

Ocampo's doctor said the message here is that people can recover from severe illness.

"During the dark times when



Rob Ocampo at the finish line of a five-kilometre race in Nags Head, N.C. COURTESY ROB OCAMPO

health problems are overwhelming, it is easy to become despondent," Binion said. "We encourage our patients to exercise, and (Ocampo) took this

to heart!"

He's running with The Beach Group, a neighbourhood group fundraising for Centre 55 Community Centre.

THE COMPLETE THIRD SEASON

VIKINGS

OWN SEASON 3

ON DVD AND BLU RAY

WIN
A TRIP TO
IRELAND
Jump into
Ireland
ENTER AT
Ireland.com/Vikings

SEASON 4 THIS WINTER ON

momentum

VIKINGS © 2015 T5 Vikings III Productions Inc. /TM Productions Limited All Rights Reserved. The History logo © 2015 A&E Television Networks, LLC. All Rights Reserved.

take5

Councillors shut down talk on raise

BRAMPTON

Discussion held in secret meeting out of the public eye

In a secret council meeting Wednesday, Brampton councillors shot down an attempt to reopen the issue of the hefty pay raise they gave themselves

last week that sparked a furious public backlash.

The 6-4 vote against reconsidering the pay hike — meant to make up for losing a partially tax-free status councillors had previously enjoyed — was held out of the public eye, before the published 1 p.m. start time and in a different location than Wednesday's council meeting.

That may have broken provincial laws. Mayor Linda

Jeffrey, who opposed the raise in last week's vote, expressed concerns about how Wednesday's decision was conducted.

To allow for public input and observation, municipal councils follow strict guidelines regarding time and location of meetings. Agendas are usually released in advance, clearly listing the place and time. To change either without proper warning violates Ontario's Municipal Act. Only certain mat-

ters, for example personnel issues, may be debated behind closed doors.

"I inherited this awkward way of conducting these meetings," Jeffrey told the Star, saying the city "must do a better job" of informing the public about meetings. "And I will talk with the city clerk about how we can make this a more open and transparent model... I believe we can do better."

TORSTAR NEWS SERVICE



Brampton Mayor Linda Jeffrey. DAVID COOPER/TORSTAR NEWS SERVICE

TRANSPORTATION

Tory's SmartTrack faces challenges

A pivotal part of Mayor John Tory's SmartTrack plan to link existing rail to the airport corporate centre involves a costly and complex challenge requiring tunnels or bridges, according to a much-anticipated report.

But Tory remains firm on building a rail link to the jobs hub in Mississauga.

"The mayor is committed to connecting people to jobs and ensuring SmartTrack connects to the airport corporate centre," said his spokesperson Amanda Galbraith.

SmartTrack would put electric commuter trains on mostly existing GO tracks around the city, connecting Markham with the airport corporate centre via Union Station, with many new stations along the way.

During the mayoral campaign, Tory's plan included a new rail corridor along Eglinton Avenue to connect to the corporate centre.

The staff report that goes before Tuesday's executive committee was released late Thursday afternoon. It contains no reference to an earlier draft obtained by the Star that suggested the Union Pearson Express (UPX) train could be

folded into SmartTrack, creating a potentially less expensive western corridor.

But among seven potential corridor alignments presented by hired consultants, there are options that appear to closely follow the UPX route.

Five of the options — all of which include a stop at the airport corporate centre — will be carried forward for further study.

Safety considerations and railway regulations, as well as the grading and speeds along Eglinton, mean heavy rail can't run along that road, according to the report.

"The options assume tunnelling of this western portion for all the Eglinton Corridor options," it says.

TORSTAR NEWS SERVICE

75

Number of existing TTC bus and streetcar routes connecting to the planned SmartTrack line, according to a statement from Mayor John Tory's office.

Healthy Participants Needed For a Research Study

We are currently conducting a research study on the effects of a novel medication on levels of drug binding sites in your brain.

You will be required to take this medication and attend CAMH to undergo PET scans, an MRI and answer questionnaires at the College Street site.

Are you 19 years of age or older?
YOU MAY BE ELIGIBLE TO PARTICIPATE

If you are interested please call:
416-535-8501 ext. 31536
for more information

camh
Centre for Addiction and Mental Health

Financial Compensation provided. Must be available weekdays, with no current health problems and no psychoactive drug use during last month. ALL QUERIES ARE STRICTLY CONFIDENTIAL. REBR064/2014. CAMH provides other treatment options for mental illness or addiction. For more information about programs and services at CAMH please visit www.camh.ca or call 416-535-8501 (or 1-800-463-6275). CAMH is a Pan American Health Organization/ World Health Organization Collaborating Centre Affiliated with the University of Toronto.

Now you're flying.

Any airline, every seat, no blackouts.



With CIBC Aventura®, you'll never have to limit your travel plans. Because every seat on every flight, on every airline, can be yours. Even on the direct flights you want. With no restrictions or blackouts. Ever. Join now and get 15,000 Aventura Points.*

cibc.com/everyseat



Banking that fits your life.

*Conditions apply. *Trademark of Visa Int., used under license. The Contactless Indicator is a trademark of EMV Co. LLC. CIBC Cube Design & "Banking that fits your life." are trademarks of CIBC. All other trademarks are owned by CIBC.

Shelter system strained

HOMELESSNESS

Demand grows even as more facilities close their doors



Steven Goetz
Metro | Toronto

A new homeless shelter will open near Bloor and Ossington if council gives its blessing.

A committee gave the initial OK on Thursday for a 30-bed men's shelter at 854 Bloor St. W. The location is already home to a drop-in program run by the Christie Ossington Neighbourhood Centre, which also operates a men's shelter at Lansdowne and Dupont.

It comes as the city's shelter system is struggling to lower occupancy rates below 90 per cent — a goal set by council in 2013. Demand is rising, while multiple shelters have closed over the last year.



The Salvation Army closed its Hope Shelter for men in April. STEVEN GOETZ / FOR METRO

In April, the Salvation Army closed its Hope Shelter at College and McCaul.

The Bloor and Ossington shelter is the only new facility included in a city plan to spend \$2.5 million this year to help address the shortfall. Eight other sites across the



We could have some very critical issues.

Coun. Mike Layton

city will expand for a total of 91 new beds — an investment advocates say isn't even enough to replace shelter beds lost this year.

A small but vocal contingent of residents was at Thursday's meeting to speak against the facility.

Some said they fear addicts will litter an adjacent children's park with used needles. Others said Bloor Street will become unsafe for women walking alone.

Coun. Mike Layton's ward will be home to the facility if council votes in favour at its November meeting.

"We have to be responsive to people's concerns, but we also have to get something done," Layton told Metro.

Layton won committee support for extra requirements on the shelter to address neighbours' concerns.

Those requirements include a community liaison committee, regular safety audits, and no access to the back of the building, which is close to the children's park.

The facility will offer valuable support to homeless men beyond a bed and a pillow, Layton said.

"The shelter system is over capacity right now, so we need to look at all options available or we could have some very critical issues with the homeless population as we enter the winter months," he said.

HOMICIDE

Husband charged in death

York Regional Police went to a house at Gilmore Crescent around 2 p.m. Wednesday after reports of a woman being injured.

They found the 36-year-old woman dead at the scene and began an investigation.

Two men were originally arrested: the woman's husband and another man who was not part of their family. He has since been released unconditionally.

The 43-year-old husband will appear in court on Oct. 15.

Const. Laura Nicolle said neither the name of the accused nor the victim will be released to the public at this time, as the incident is believed to have been a case of domestic violence. Police departments will not release names if doing so would identify the victim of domestic violence.

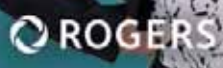
Anyone with information is asked to call the York Regional Police Homicide Unit at 1-866-867-5423 extension 7865 or Crime Stoppers.



"Canadian TV's Latest Sketch Comedy Gem."
HUFFINGTON POST CANADA

"A sharp little satire of contemporary urban life...a breath of fresh air"
THE GLOBE AND MAIL







SUNDAY 8 ET/PT

25,000 Aeroplan Miles could get you sleeping in Seattle sooner.



Get a Welcome Bonus¹ of
up to 25,000 Aeroplan Miles.

With the TD® Aeroplan® Visa Infinite® Card, you
could make it to your next destination sooner when
you apply by October 30, 2015. So grab ahold
of the Card that lets you turn buy into fly, faster.
Limited time offer. Conditions apply.

aeroplan

Learn more at a branch or at
td.com/aeroplan



Banking can be
this comfortable.



¹ A Welcome Bonus of 15,000 Aeroplan Miles ("Welcome Bonus Miles") will be awarded to the Aeroplan Member account associated with the TD Aeroplan Visa Infinite Credit Card Account ("Account") only after the first Purchase is made on the Account. To receive an additional 10,000 Aeroplan Miles Bonus ("10,000 Miles Bonus") you must apply for an Account between September 1 and October 30, 2015, and have \$1,000 in Purchases, including your first Purchase, posted to your Account within the first 90 days of Account opening. Other conditions apply. For complete details visit td.com/aeroplan. All trade-marks are property of their respective owners. ®The Air Canada maple leaf logo and Air Canada are registered trade-marks of Air Canada, used under license. ®The Aeroplan logo and Aeroplan are registered trade-marks of Air Canada Inc. ®The TD logo and other trade-marks are the property of The Toronto-Dominion Bank.

YORKDALE DUFFERIN MAZDA

WE DO IT BETTER, WE DO IT FOR YOU!



WE PUT THE "ENGINE"
IN RE-ENGINEERED.

SKYACTIV
TECHNOLOGY

Efficiency in motion is just the starting point.

Mazda's SKYACTIV TECHNOLOGY takes it even further by making your drive better. With a lighter, stronger chassis, a smarter transmission for faster downshifts, and an engine re-engineered to help get the most power out of every last drop of fuel, we created a vehicle that responds to the driver to deliver an unsurpassed driving experience.

Experience SKYACTIV
TECHNOLOGY first hand.
Reserve your test drive today.



2015 MAZDA 3 GX MODEL



D4XK65-AA00

PRICE **\$15,824** + HST ONLY
freight & pdi included

2015 MAZDA 6 GX MODEL



G4XL65-AA00

PRICE **\$23,824** + HST ONLY
freight & pdi included

2015 MAZDA 5 GS MODEL



E6SD65-AA00

PRICE **\$20,524** + HST ONLY
freight & pdi included

2015 MAZDA CX 9 GS MODEL



QVSB85-AA00

PRICE **\$32,024** + HST ONLY
freight & pdi included

Now, you can drive as much as you want, as far as you want.

Mazda

UNLIMITED*

STANDARD ON ALL 2015 AND 2016 MODELS.

3-YEAR
NEW VEHICLE
UNLIMITED MILEAGE WARRANTY

3-YEAR
ROADSIDE ASSISTANCE
UNLIMITED MILEAGE

5-YEAR
POWERTRAIN
UNLIMITED MILEAGE WARRANTY

7-YEAR
ANTI-PERFORATION
UNLIMITED MILEAGE WARRANTY

VEHICLES SHOWN MIGHT NOT BE EXACT MODELS SOLD. ADVERTISED PRICES ARE CASH PRICE ONLY. PRICE INCLUDES FEIGHT, PDI, AIR TAX, OTS TIRE TAX AND OMVIC FEE EXCLUDING HST. OFFERS VALID OCT 1 - 31 2015.



VISIT **YORKDALE DUFFERIN MAZDA.**
zoom-zoom



10

Toronto metro NEWS

It's manly to talk mental health

MOVEMBER

Organizers encourage men to seek help for issues



**Gilbert
Ngabo**
Metro | Toronto

If you're man enough to grow a moustache, you're man enough to talk about mental health.

That's the message being pitched by this year's Movember organizers.

The annual event challenges men across Canada to grow a moustache in a bid to raise awareness of men's health issues. This year, the group is focusing on mental health, particularly issues of depression, isolation and suicide.

"Three out of four people who kill themselves are men.

That's pretty staggering a stat," said Jesse Hayman, Movember Canada's director of community engagement.

Hayman said men are less likely to discuss mental health concerns, and as a result they can become isolated and cut off from support networks. The goal of this year's Movember is to reduce that stigma and encourage men to speak up about mental health.



"The biggest thing is we don't talk about it," he said. "There's a lot of stigma and many men think it's not manly to ask for help."

The challenge is one of initiatives responding to a recent Movember global study that found 60 per cent of men didn't feel they were part of a community.

One in four men experience low levels of social support, the study found.

“
**Three out of four
people who kill
themselves are
men. That's pretty
staggering a stat.**

Jesse Hayman

Put savings in the spotlight

Central air, pool pump
or electric water heater?

Sign up for
peaksaver PLUS
and get a **FREE**
Energy Monitor!

TorontoHydro.com/peaksaver
1-877-487-8574



**\$100
VALUE**

**saveonenergy™
FOR HOME**

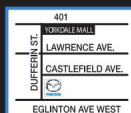


Subject to additional terms and conditions found at torontohydro.com/peaksaver. Energy Monitor image is for illustration only and may not be exactly as shown. You must have a central air conditioner, electric water heater or pool pump in good working order to participate in **peaksaver PLUS**. saveOnEnergy is powered by the Independent Electricity System Operator and brought to you by Toronto Hydro. Official Mark adopted and used by the Independent Electricity System Operator. Used under licence. *A registered trademark of Toronto Hydro Corporation used under licence. *Toronto Hydro means Toronto Hydro-Electric System Limited.



www.YorkdaleDufferinMazda.ca

416-789-4521
2451 DUFFERIN STREET



Dolby Atmos Network Home Theatre System
ONKYO
 Includes Receiver, 5 Speakers & Subwoofer
 Bluetooth
 WAS \$1149
 SAVE \$150
999⁹⁹
 GUARANTEED LOWEST PRICE!
 HTS7700 • Power 925W • Front USB • Zone 2 Input • HDMI In/Out: 7 / 2 • MHL • 4K Up-scaling

FALL CLEARANCE SALE!

SAMSUNG
 58" LED
 SMART TV
 UN58H5202
Hi-Definition 1080p SMART
 • Screen Mirroring
 • WiFi • Connect Ready
 • 120 Clear Motion Rate
 WAS \$1173
 SAVE \$275
898⁹⁹
 GUARANTEED LOWEST PRICE!

SAMSUNG
 24" LED
 SMART TV
 UN24H4500
Hi-Def. SMART
 • Connect Share • Game mode
 WAS \$278
 SAVE \$50
228⁹⁹
 GUARANTEED LOWEST PRICE!

SAMSUNG
 40" LED
 UN40H5003
Hi-Def. 1080p
 • Game mode • ConnectShare
 WAS \$449
 SAVE \$50
398⁹⁹
 GUARANTEED LOWEST PRICE!

LG
 49" LED
 Smart TV webOS 2.0
 49LF5900
Hi-Def. SMART webOS 2.0
 • Web Browser • Smart Share • WiFi
 WAS \$899
 SAVE \$150
748⁹⁹
 GUARANTEED LOWEST PRICE!

Panasonic
 55" LED
 120Hz
 SMART VIERA
 TC55CS560
Hi-Def. SMART 120Hz
 • Image Motion 240Hz • DLNA
 • Web Browser • Swipe & Share
 WAS \$1299
 SAVE \$300
999⁹⁹
 GUARANTEED LOWEST PRICE!

Panasonic
 55" LED
 240Hz
 SMART VIERA
 TC55CX650
4K Ultra Hi-Def. SMART 240Hz
 • Image Motion 240Hz • Voice Guidance • my Home Screen • Quad Core Pro • Web Browser
 WAS \$1999
 SAVE \$300
1699⁹⁹
 GUARANTEED LOWEST PRICE!

OLED TV THE ULTIMATE DISPLAY
LG
 55" Curved
 webOS 3D
 Smart TV
 55EC9300
Hi-Def. SMART 3D Curved webOS
 • Infinite Contrast • webOS • TripleXD Engine • Premium Content • Web Browser
 BONUS WALL MOUNT OSW100 with purchase Value: \$150
 WAS \$4999
 SAVE \$2000
2998⁹⁹
 GUARANTEED LOWEST PRICE!

LG
 60" LED
 Smart TV webOS 2.0
 60UF7700
4K Ultra Hi-Def. SMART
 • 4K Upscaler • 4K Resolution
 • webOS 2.0 • HEVC Decoder
 WAS \$2799
 SAVE \$700
2098⁹⁹
 GUARANTEED LOWEST PRICE!

SAMSUNG
 65" LED
 120Hz
 SMART TV
 UN65J6200
Hi-Def. SMART 1080p 120Hz
 • ConnectShare Movie • Motion Rate 120 • DLNA • Wide Colour Enhancer
 WAS \$1999
 SAVE \$300
1698⁹⁹
 GUARANTEED LOWEST PRICE!

5.2 Ch. Network 4K Receiver
Pioneer
 VSX824K • 140 W/ch • 6x HDMI in • 1x HDMI out • Dual Subwoofer Preout • Spotify & Roku Ready
 WAS \$459
299⁹⁹
 GUARANTEED LOWEST PRICE!

SAMSUNG
 Sound Bar
 Bluetooth
 HWJ250 • 3D Sound • 80 Watts • Built-in Woofers
 WAS \$149
129⁹⁹
 GUARANTEED LOWEST PRICE!

Pioneer Bookshelf Speakers
 SPBS22LR • 80W Power Handling
 WAS \$179
138⁰⁰ / pair
 GUARANTEED LOWEST PRICE!
Andrew Jones Design!

Panasonic Micro Audio CD System
 Bluetooth Wireless Technology
 #1 Best Seller
 SCPM250S • 20 Watts • USB • MP3, CD, CD-R/RW playback
 WAS \$169
149⁹⁹
 GUARANTEED LOWEST PRICE!

BOSE Mini Portable Speaker
 SLINKBLU** • Lithium battery plays up to 8 hrs
 Bluetooth
 ALSO AVAILABLE IN WHITE/BLACK/RED/MINT
139⁹⁹ ea

7.2 Ch. Wi-Fi Network Receiver
YAMAHA
 Bluetooth
 RXV579 • 115 W/ch • HDMI (6 in/ out) • Front USB • 4K Ultra HD passthru • AV Controller App • HDCP 2.2 comp.
 WAS \$649
549⁹⁹
 GUARANTEED LOWEST PRICE!

YAMAHA Sound Bar
 Bluetooth
 YAS105B • 30W+30W power • Dual built-in subwoofers
 WAS \$349
249⁹⁹
 GUARANTEED LOWEST PRICE!

Klipsch 200W 12" Sub
 R12SW • Powerful 12" copper-spun front-firing woofer • 200W / 400W
 WAS \$699
499⁹⁹
 GUARANTEED LOWEST PRICE!

Pioneer Micro System
 Bluetooth
 XCM32BTk • Bluetooth • iPhone/ iPad/ iPad playback • 15 Watt + 15 Watt output
 WAS \$279
249⁹⁹
 GUARANTEED LOWEST PRICE!

BOSE Wireless Music System
 STOUCH10B • Connects wirelessly to your home Wi-Fi network without any complicated equipment
 Bluetooth
219⁹⁹

audio-technica
 Transfer your vinyl records!
 ATL60USB • Includes phono cartridge • mini-plug stereo cables • 45 RPM adapter, recording software
 WAS \$229
169⁹⁹
 GUARANTEED LOWEST PRICE!

SoundTouch WiFi Home Theatre
BOSE
 Bluetooth
 STOUCH120 • 4 HDMI • Remote • ADAPTIC • Stream music from the Internet • Multi-room • Add other SoundTouch systems
1199⁹⁹

Paradigm Home Theatre System
 Includes 5 satellite speakers & subwoofer
 CINE100CT • 15-100 Watts • Subwoofer: 8" • Built-in amp
 WAS \$1099
699⁹⁹
 GUARANTEED LOWEST PRICE!

Networkable Hi-Resolution Micro System
Panasonic
 Bluetooth
 SCPMX70K • 2 ch. • 120 W with re-master • LincSD-Amp
349⁹⁹
 GUARANTEED LOWEST PRICE!

BOSE Around-Ear Headphones II
 STRUEARBK • Fold-flat earcups • Carrying case
179⁹⁹

2001AUDIOVIDEO.COM
ALWAYS OPEN!
 Shop 24 Hours A Day -
 7 Days A Week For Great Deals!

2001 AUDIO • VIDEO
 Your Home Entertainment Experts ... Since 1971!



PROUDLY CANADIAN (ONTARIO)
 OWNED & OPERATED SINCE 1971

ECO FEES: Ontario Electronic Stewardship (OES) recycling fees apply to most products and will be added at the time of purchase. Example: Car Audio ECO fee: \$4.00 • Bookshelf Audio System ECO fee: \$5.00 • Display Device <29" ECO fee: \$12.25 / 30" - 45" ECO fee: \$24.00 / >46" ECO fee: \$39.50. Get full details in-store. *FOR OUR PRICE GUARANTEE DETAILS, SEE OUR WEBSITE. Errors sometimes occur. Corrections to any errors will be posted in our stores. ** iPod/iPhone/iPad/Tablet or Accessories are not included with purchase unless otherwise stated. See website for complete details.

SCARBOROUGH	MISSISSAUGA	SCARBOROUGH	MISSISSAUGA	MARKHAM	LONDON	BARRIE	KITCHENER	CAMBRIDGE	BRAMPTON	Visit Website For Store Hours
20 LEBOVIC AVE (416) 757-2008 LEASIDE	765 BRITANNIA RD. W. (905) 567-2001 TORONTO	1420 KENNEDY RD. (416) 755-2001 NORTH YORK	1995 DUNDAS E. (905) 629-2001 NEWMARKET	8502 WOODBINE AVE. (905) 479-2001 AJAX	WELLINGTON SOUTHDALE PLAZA (519) 685-2001 BURLINGTON	56 BARRIE VIEW DR. UNIT 3 (705) 726-3633 OAKVILLE	4396 KING ST. E. (HWY 8) (519) 650-2001 MILTON	55 PINEBUSH RD. (519) 624-8791 WHITBY	TRINITY COMMONS (905) 799-2092 VAUGHAN	WOODBRIDGE
963 EGLINTON AVE E. (416) 422-2004	1032 BLOOR ST. W. (416) 536-2001	DUFFERIN AND STEELES (416) 663-2001	18166 YONGE ST. (905) 895-3661	170 KINGSTON RD. (905) 426-7499	3350 FAIRVIEW ST. (905) 637-2003	2431 TRAFALGAR RD (905) 257-5701	1155 MAPLE AVE. (905) 864-9160	4160 BALDWIN STREET (905) 655-2251	9100 JANE ST. (905) 761-7660	7887 WESTON #1 & 2 (905) 264-0300



Union Pearson Express connects Toronto to the world.

At only \$19*, UP Express speeds travellers to and from Toronto Pearson in 25 minutes, with trains leaving every 15 minutes.

UP fares are customized to fit your travel needs, with tickets tailored to fit Families, Students and Seniors. Plus, kids under six always ride for free.

Don't risk the uncertainties of weather and traffic. UP is the comfortable and reliable way to travel, and the perfect solution when you're heading in or out of the city.

Plus, UP also offers special fares when you're looking to get to the airport or make the most of your layover.

The Long Layover Fare

Don't sit at the airport with hours to wait. The Long Layover fare lets you spend up to six hours in the heart of the city for the price of a regular ticket—and then return in time for your flight. Catch a game, see a movie or visit one of Toronto's great restaurants. There are plenty of fun things you can be doing. Buy your Long Layover fare at upexpress.com.

The Meeter & Greeter Fare

Can't wait to see your loved ones? Get out to the airport and welcome them in person. Take advantage of the Meeter & Greeter fare for up to three hours of round-trip travel for the price of a regular ticket. Buy your Meeter & Greeter fare at upexpress.com.

Visit upexpress.com and discover all the ways we can make your travel stress-free.

UP Express offers special fares for shorter travel to the airport—\$11.40* from Weston and \$15.20* from Bloor.

* With a PRESTO card. Get your PRESTO card online at prestocard.ca, or in minutes at any of the four UP Express stations. A nominal PRESTO activation fee applies for new cards. For full fare information, visit upexpress.com.



Rail Designed for Travellers

UP Express is more than just the promise of reliable rail. Travellers are at the centre of everything UP does—from free Wi-Fi on trains and in stations, airline check-in kiosks where you can print baggage tags, personal outlets to charge devices and up-to-the-minute flight information. It also offers great retail partnerships with Balzac's Coffee Roasters, Drake General Store and Mill Street Brewery—featured in the CIBC UPstairs lounge.



A Vision for the Region

Union Pearson Express is a division of Metrolinx, the regional transportation agency for the Greater Toronto and Hamilton Area. UP Express is a key deliverable in \$16 billion worth of regional transportation improvements currently being undertaken by Metrolinx and the Province of Ontario. Our region is changing, and Metrolinx is helping lead the way.

UP Union Pearson Express

Putting a dollar amount on Bautista bat-flip ball

JAYS 2015
Value set at
\$7K to \$10K



Jessica Smith Cross
Metro | Toronto

Jose Bautista's historic ALDS game five home-run baseball bounced off the 300-level stands into the 200s, where it nearly hit a man in a peach shirt.

If you look closely at the video, you can see the man search for it as the crowd around him cheers.

Good thing he found it. It's worth \$7,000 to \$10,000, SCP Auction told Metro, and is the second most important baseball in Jays' history, after only the Joe Carter walk-off home run in 1993.

Dan Imler, vice-president of

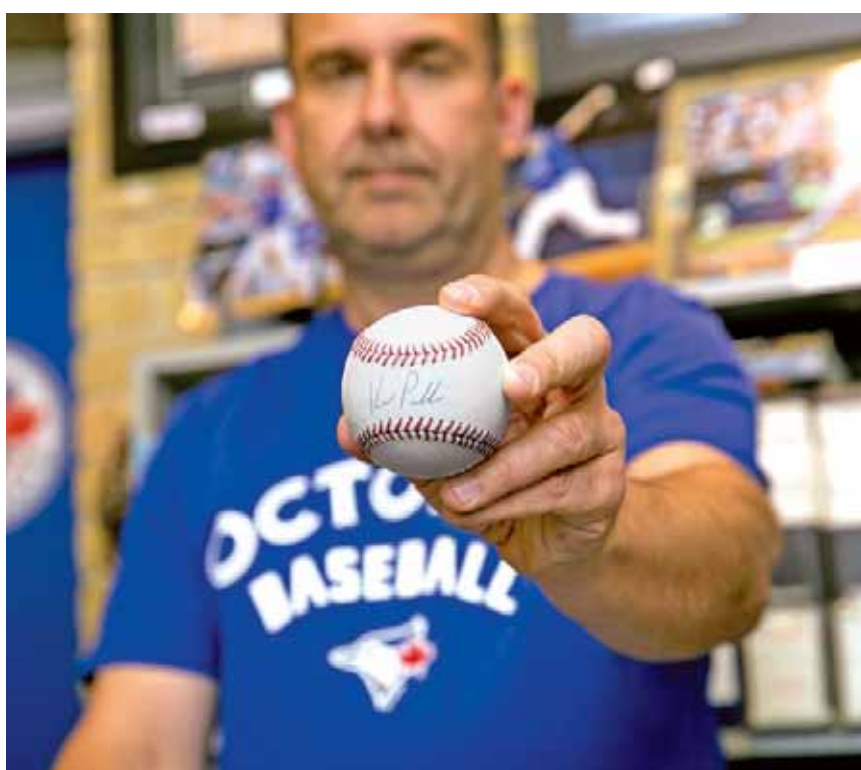
the sports memorabilia auction company, estimated the Bautista ball's worth by comparing it to other historically important home runs.

His nearest point of comparison is Shane Victorino's grand-slam ball from Game 6 of the ALCS series in 2013. It earned the Red Sox a spot in the World Series, who went on to win it.

Whether the Blue Jays go on to win the World Series matters when it comes to the long-term value of Bautista's ball, Imler said.

And, the man in the peach shirt — assuming he's still holding onto the ball — might do well to consider selling it now, while interest is hot, Imler said.

"The final chapter has yet to be written on the importance of that home run and how it holds up, and how it's remembered historically," he said.



Hockey to Hollywood manager Glen Humenik says collector items signed by players, such as this ball autographed by Toronto Blue Jays centre-fielder Kevin Pillar, could increase or decrease in value depending on the outcome of the world series. LIZ BEDDALL/METRO

+ MEMORABILIA WHAT BRINGS IN BUCKS?

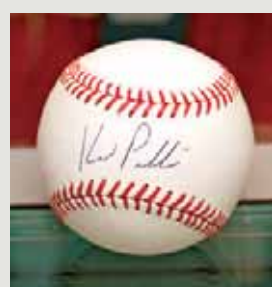
Glen Humenik, owner of sports memorabilia store Hockey to Hollywood in downtown Toronto, says anything used in a game has value.

That includes Jays bats, jerseys and even fans' tickets from key games.

"Tickets from the 1992 and 1993 World Series have gone for \$100 to \$150," he said.

Tickets to the 1939 game where Lou Gehrig made his famous farewell speech tend to sell for thousands of dollars, he said.

Humenik's even selling a broadcast press pass to the 1993 World Series, and recently sold a collection of microphone flashes used by sports repor-



A baseball signed by Toronto Blue Jays centre-fielder Kevin Pillar. LIZ BEDDALL/METRO

ters at the time.

"It's unbelievable, whether it's this industry or another, what people will buy," he said.

\$3.05M

A collector paid \$3.05 million for Mark McGwire's record-breaking 70th home run ball in a 1999 auction. The ball was bought before McGwire admitted to using steroids.

\$19K

The grand slam ball hit by Shane Victorino in Game 6 of the ALCS in 2013 is worth \$19,000. The blast helped the Red Sox clinch a berth in the World Series.

\$2,500

Edwin Encarnacion's game-tying solo homer from Game 5 is currently valued between \$1,400 and \$2,500.

JUNIOR JAY

Mini Bautista swings away with his hero

Nine-year-old Oscar Wood has been batting in sync with Jose Bautista for years.

Sporting a painted-on beard and sometimes holding a mini bat, he watches from the stands and swings when his hero swings.

On Wednesday night, he swung alongside Bautista's game-winning home run — and the video his dad Benn posted online and hashtagged #MiniBautista has become an overnight sensation.

The clip has been viewed and retweeted thousands of times, and turned into .gifs shared across the Internet.

The boy from Barrie,

reached by phone, said the home run moment, was "crazy."

"It felt great, because I just saw the ball go up into the air and I'm like, 'It's gone.'"

Oscar has been going to baseball games with his Bautista beard since meeting the big-hitting outfielder three years ago at a Junior Jays event.

"That day Jose hit a home run, and we figured it was good luck," Benn said.

Wood and his dad have also met Josh Donaldson, and travelled to Jays games in New York and Florida.

Just like the Jays, Mini Bau-



Nine-year-old Oscar Wood is such a fan of Jays slugger Jose Bautista that he's taken to painting a beard on his face when he goes to baseball games. CONTRIBUTED

tista's adventure isn't over yet: Wood and his father have tickets to the second home

game of the series against the Kansas City Royals.

O SMITH CROSS/METRO

6 THINGS FROM THE SIX TO THE K.C.

LUKE SIMCOE METRO

1 Cue the barbecue

Boasting more barbecue restaurants per capita than any other U.S. city, Kansas City prides itself on the quality of its 'cue.

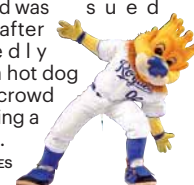
2 Bovine royalty

The Royals' name actually has little to do with the monarchy. In fact, the team is named after the American Royal, an annual livestock show and rodeo that has been held since 1899.

3 Slugerrr

If you're heading to Kansas City for the game, watch out for the Royals' mascot, Slugerrr. The costumed lion is known for his aggressive antics and was allegedly tossing a hot dog into the crowd and injuring a fan's eye.

GETTY IMAGES



4 Paris of the Plains

K.C.'s nickname is Paris of Plains. The city bucked the prohibition trend in the 1920s, and was home to brothels and casinos. Journalist Edward Morrow stated "if you want to see some sin, forget Paris and head to Kansas City."

5 Bucking the trend

There's a single seat behind home plate at the Royals' Kauffman Stadium that is painted red to honour Buck O'Neil, a first baseman from the Negro American League who became the first African American coach in Major League Baseball.

6 Paul Rudd

The Royals can count Ant Man star Paul Rudd among their fans. Rudd spent part of his youth in Missouri, and when the Royals advanced to the World Series in 2014, the actor invited fans over to his mother's house for a keg party.



GETTY IMAGES

IN BRIEF

Jays to review beer sales

The Blue Jays will be reviewing the sale of beer cans at the Rogers Centre after angry fans threw them onto the field during Toronto's AL Division Series victory over the Texas Rangers on Wednesday.

Mario Coutinho, the team's vice-president of stadium operations and security, said beer cans will be included in an overall review of security.

One fan charged with mischief after a baby was hit by the spray of a thrown beer can. TORSTAR NEWS SERVICE WITH FILES FROM THE CANADIAN PRESS



READY TO ENGAGE

Metro's daily primer on what the parties are saying about the issues that matter to urban Canadians



Liberal Leader Justin Trudeau poses for a selfie with a student while touring Mohawk College, in Hamilton, Ont., Wednesday. Youth turnout sat at a dismal 39 per cent last election, which means 61 per cent of young people are now getting exactly what they deserve from politicians: nothing, Rosemary Westwood argues. PAUL CHIASSON/ THE CANADIAN PRESS

Don't just 'expect' democracy



ROSEMARY WESTWOOD
Metro

Over the course of last week, in a deeply franco-phone suburb of Montreal, 2,017 students on one CEGEP campus cast a vote.

None of those ballots will count on Monday's election. They're part of Student Vote, a non-partisan push to engage young Canadians in politics via mock elections.

But Semra Sevi, the 26-year-old teacher who organized the vote, hopes at least some of the fake ballots will translate into real ones.

Her students, aged 18 to 24, are part of the elusive "youth vote" — the cohort hailed by Rick Mercer as a democratic silver bullet that could "change the country," and sought by groups like votesavvy.ca, youthvote.ca, the Council of Canadians vote pledge, and even Elections Canada, which set up special polls on Canadian campuses to lure more young Canadians.

All these efforts are admirable, and I genuinely hope they work. Youth turnout sat at a dismal 39 per cent last election, which means that 61 per

cent of young people are getting exactly what they deserve from politicians this time around: nothing. Election platforms are offering to people under 45 pennies for every dollar offered to those over 65, according to a Generation Squeeze report.

Why, some ask, would politicians speak to a group that doesn't bother to vote? Why, others ask, would people vote for politicians who ignore them? Some call it apathy; others prefer cynicism.

My view: we're spoiled brats. You know why young people don't feel the need to value democracy? Because they expect it. For most of us, life in Canada is pretty great. Even for those Canadian children growing

up in poverty, there are still benefits to living in Canada that cannot be found in many places in the world — small freedoms, such as they are: the lack of a brutal dictator, free schools, clean air.

When Semra Sevi was asking her students about voting, before she started the Student Vote campaign, they told her they felt ignored by politicians. "They didn't feel like politicians deserved their vote," she told me.

But the question isn't whether politicians deserve your vote: it's whether democracy deserves your participation. Anyone who refuses to vote is freeloading. They are abdicating their responsibility, yes, but far more importantly, they are

expecting the rest of us to pick up the slack. That's true even of those seeking political change through activism, who would lobby officials for change, without bothering to help elect them.

I've been racking my brain trying to think up some kind of experience that we could give young people so they could no longer hold onto the excuse of ignorance.

Some kind of equivalent to the dangerous two-hour journey to school taken by a boy and his sister in Kenya, and depicted in the documentary *On the Way to School*. You know what the kids do when they finally get to class? They shut up and listen to their teacher. They had to work so hard just to get there, that they hungered for an education.

And yet we, steeped as we are in the benefits of a rich democracy, seem already far too well-fed.

If young people do not, a la Mercer, "change the country" this time around, I'll be hard pressed to hold out much hope for the next time.

And what they say about us millennials will in fact be true: we have no idea how good we have it.

2015 ELECTION COUNTDOWN

Rosie Westwood reflects on the key issues.

- TUES. Women
- WED. Environment
- THURS. Canadian values
- FRI. Youth engagement

“Anyone who refuses to vote is freeloading. They are abdicating their responsibility, yes, but far more importantly, they are expecting the rest of us to pick up the slack.”

QUICK GUIDE YOUTH ISSUES

Here's a breakdown of promises and legislative measures from the **NDP**, **Liberals**, **Conservatives** and **Greens**

ON EDUCATION

Conservatives:

- Promise to raise government contribution to education savings plans.
- Lower the minimum course length required to qualify for financial assistance from 60 to 34 weeks.

Liberals:

- Increase Canada Student Grants by 50 per cent.
- Allow students to wait until they're earning \$25,000 a year before having to repay student loans.

NDP:

- Eliminate interest on student loans over seven years.
- Spend \$250 million to create 74,000 new grants for students over four years.
- Improve educational outcomes for First Nations.

Greens:

- Cut tuition fees for low-income students and families.
- Forgive all student loans over \$10,000.
- Eliminate interest on new student loans.

ON YOUTH JOBS

Conservatives:

- Increase apprenticeship job creation tax credit.
- Aim to create 1.3 million net new jobs overall by 2020.

Liberals:

- Spend \$300 million a year to create 120,000 jobs.
- Create 5,000 "green" jobs.
- Spend \$40 million a year to support new co-op placements for students.

NDP:

- Establish \$15-an-hour minimum wage.
- Provide up to \$100 million a year to create more than 40,000 jobs, paid internships and co-op placements for youth over four years.

Greens:

- Create Youth Community and Environment Service Corps, which would provide minimum-wage employment for 40,000 youth every year for four years.

LATEST POLL

LIB 37% CON 29% NDP 23%

Source: Nanos/CTV

Leaders aim for Trudeau

ELECTION 2015

Grits hit back with criticism of Harper's Ford support

The Dan Gagnier drag chute billowed out behind the Liberal campaign Thursday, giving Stephen Harper and Tom Mulcair a badly needed chance to catch up to the apparent front-runner, Justin Trudeau.

Trudeau, however, gave as good as he got — at least as far as the Conservative leader was concerned — by amping up the outrage over Rob and Doug Ford's recent appearance on the Tory trail.

Gagnier, the party's campaign co-chairman, abruptly quit his volunteer post Wednesday after The Canadian Press disclosed details of an email in which he provides lobbying advice to an oil pipeline company.

That gave Harper and Mulcair the perfect opportunity to take a swing at a long-standing Achilles heel for the Liberals: the sponsorship scandal.

"They can try to put a fresh

face on it, but behind the scenes it's still the same old gang pulling the same old tricks," said the NDP's Mulcair, who — campaigning in Montreal, where he needs a reversal of fortune — could barely contain his glee.

"You can't trust the Liberals. It's the same old Liberal party."

Trudeau, Mulcair noted, has been campaigning alongside former Liberal stalwarts Jean Chretien and Paul Martin, who presided over the party during the sponsorship scandal, in which firms won contracts based on donations to the Liberals with little work being done. Some of the cash was kicked back to Liberal operatives.

Harper, who was in Opposition at the height of the controversy, also seized on the chance to break out some of his greatest hits.

"I think we should all understand that the culture of the Liberal party that gave us the sponsorship scandal has not changed and it will not change."

Gagnier stepped down after it was revealed he emailed officials at TransCanada Corp., the company behind the Energy East pipeline, with advice on how and when to lobby a new



The Conservatives and NDP attacked apparent front-runner Liberal leader Justin Trudeau, with remarks about the sponsorship scandal. PAUL CHIASSON/THE CANADIAN PRESS

government — including a Liberal minority.

For his part, Trudeau said Gagnier's departure demonstrates that the Liberals "take ethical standards and responsibilities extremely seriously."

The controversy has the potential to dramatically upend the narrative that had been taking shape during the cam-

paign's final week — especially in Quebec, where Energy East is a divisive issue.

All of which, of course, is why Trudeau jumped on the chance to drop the most powerful four-letter F-bomb in all of Canadian politics: Ford.

Harper should be "embarrassed that he's having to count on the support of Rob

Ford for his re-election," Trudeau said.

Former Toronto mayor and current city councillor Rob Ford, who has admitted to smoking crack cocaine, appeared at a Harper event earlier this week with his brother Doug, who has admitted smoking marijuana in high school.

THE CANADIAN PRESS

KEN TAYLOR

Diplomat dead at 81

Former Canadian diplomat Ken Taylor, fondly remembered as a hero for his role in sheltering six U.S. citizens during the 1979 Iranian hostage crisis in Tehran, a real-life drama known as the Canadian Caper, has died. He was 81.



Ken Taylor THE CANADIAN PRESS FILE

Taylor, who was diagnosed in August with colon cancer, died Thursday at about 2:45 p.m. at New York Presbyterian Hospital, family friend Ralph Lean said.

"We lost a true hero," Lean said.

Taylor's wife, Pat, was by his side, said Lean. Taylor is also survived by his son, Douglas, and his wife Dana and two grandchildren.

Born in 1934 in Calgary, Taylor was heralded as a hero for helping save the Americans — a clandestine operation that had the full support of Joe Clark's short-lived Progressive Conservative government.

THE CANADIAN PRESS



**We are currently Recruiting
Healthy Males with History of
Vasectomy and
Healthy Post-Menopausal
Females to Participate in a Clinical
Research Study**

Period 1: October 30 to November 02

Period 2: November 13 to November 16

Period 3: November 27 to November 30

You Will Receive \$2500 Upon Completion of the Study.

www.pharmamedica.com

1-866-759-5554



Public dissection of lion sparks outrage

DENMARK

Zoo accused of having a lack of compassion

A Danish zoo publicly dissected a year-old male lion Thursday, pulling out its blood-red organs to show a few hundred people — including children — an event met outside of Denmark with criticism and online protests.

Adult spectators brought scarfs to their noses to ward off the pungent smell as they watched the dissection, considered by many in this Scandinavian country of 5.6 million to be an educational program. The event was deliberately scheduled to take place during the annual fall school holidays.

A Brussels-based animal protection group, however, sharply criticized Odense Zoo for killing three healthy young lions this year.

One of central Denmark's

most popular tourist attractions, the Odense zoo has done public dissections for 20 years. On Thursday, scores of children stood around a table where the zoo had displayed a stuffed lion cub next to the lion being dissected.

Odense Zoo employee Lotte Tranberg said the male lion and its two siblings were killed in February because they were getting sexually mature and could have started mating with each other and the zoo wanted to avoid inbreeding. They also could have killed each other because they would have been kept in the same enclosure, she said.

On Facebook, a few dozen people on Thursday accused the zoo and Denmark of having a lack of compassion. But on the zoo's Facebook page, ordinary Danes defended the dissection, asking English-speaking commentators whether they ever had been to a slaughterhouse.

THE ASSOCIATED PRESS



Children reacts to the dissection of a dead male lion in Odense Zoo, Denmark, Thursday.

OLE FREDERIKSEN/POLFO VIA THE ASSOCIATED PRESS

WORLD MONUMENTS FUND

Cultural heritage sites threatened

A labour camp in Albania, a burial site in Chile and a Spanish mission in New Mexico are among a list of cultural heritage sites threatened by neglect, overdevelopment or social, political and economic change, a preservation group announced Thursday.

The World Monuments Fund's biennial list cited 50 sites from ancient times to modern times in 36 countries.

The New York-based preservation group began issuing its World Monuments Watch list in 1996 to call attention to important landmarks threatened around the world in an effort to promote awareness and action.

The organization listed the notorious Spac Prison in Alban-

ia for its advanced state of deterioration — a site the group said deserved to be saved as a modern place of remembrance.

The General Cemetery of Santiago, a burial site of presidents and other luminaries, was singled out because of the deterioration it has suffered from numerous earthquakes and consequent neglect.

In citing the 1629 San Estevan Del Rey Mission, the organization said restoration of the national historic landmark in Acoma, New Mexico, was long overdue and in dire need of investment.

The list is assembled by a panel of experts in archaeology, architecture, art history and preservation.

THE ASSOCIATED PRESS

IN BRIEF

Lockerbie bombing suspects sought

Scottish prosecutors say they have identified two Libyans as suspects in the 1988 bombing of a passenger jet over the town of

Lockerbie, and want to interview them in Tripoli.

The unnamed Libyans are suspected of involvement with Abdel Baset al-Megrahi, the only person convicted in the attack. THE ASSOCIATED PRESS

SOUTH AFRICA

Parole board lets Pistorius serve sentence under house arrest

Oscar Pistorius, the double-amputee Olympic runner who shot his girlfriend to death on Valentine's Day 2013, can leave prison and move to house arrest next week, South Africa's Department of Corrections said Thursday.

A parole board at the prison where Pistorius has served nearly a year of his five-year sentence for culpable homicide — comparable to manslaughter — made the decision. It came after an initial ruling to release the athlete in August

was cancelled at the last minute after intervention by the justice minister.

Pistorius was acquitted of murder last year for the shooting death of Reeva Steenkamp, but prosecutors have appealed that trial verdict and will seek a murder conviction again at South Africa's Supreme Court on Nov. 3.

The appeal will come just two weeks after Pistorius is freed next Tuesday. If Pistorius is convicted of murder by a panel of five judges at the

appeal, he faces going back to prison for 15 years, the minimum sentence for murder in South Africa, which no longer has the death penalty.

Pistorius has maintained he thought Steenkamp was an intruder in his Pretoria home and killed her by mistake. Prosecutors said he shot her intentionally during an argument after she had fled to a bathroom stall.

Correctional services department spokesman Manelisi Wolela did not rule out ultimately allowing Pistorius to return to

training. He also said Pistorius would not be required to wear an electronic tagging device.

Pistorius, known as "Blade Runner" for his carbon-fiber running blades, gained worldwide fame when he ran against able-bodied athletes at the 2012 London Olympics, the first amputee runner to compete at the games.

The 28-year-old Pistorius is expected to serve his house arrest at his uncle's mansion in an upmarket suburb of Pretoria.

THE ASSOCIATED PRESS



Oscar Pistorius starts in the men's 400-metre at the 2012 Summer Olympics in London. THE ASSOCIATED PRESS FILE

FRESH CO.

Our PRICES are...

Cheap, cheap.

Find a store and see our weekly flyer at FreshCo.com





CHOOSE 1 OF 3 OPTIONS:

2 YEAR FREE MAINTENANCE PACKAGE

\$500 GAS CARD

\$500 ACCESSORY PACKAGE.



TOYOTA
ONTARIO



TOYOTA
CANADA

3 DAY sales EVENT!

3 DAYS ONLY!
OCTOBER
15TH, 16TH & 17TH

**TOYOTA 2015
CLEAROUT
EVENT**

On now. Don't miss out!

**LEASE OR
FINANCE
FROM 0%
ON SELECT
2015 MODELS***

2015 RAV 4**

**\$2000 CASH REBATE UP
TO \$500 LEASE ASSIST**

ALL IN LEASE	ALL IN FINANCE	ALL IN PRICE
\$119	\$152	\$26,229
@ 1.49%	@ 1.49% ZERO DOWN	+HST



2015 COROLLA**

**\$2500 CASH REBATE \$500 FINANCE
ASSIST UP TO \$800 LEASE ASSIST**

ALL IN LEASE	ALL IN FINANCE	ALL IN PRICE
\$68	\$97	\$17,589
@ 0.49%	@ 0.99% ZERO DOWN	+HST



*1% lease or finance available on 2015 Camry, Corolla, Yaris and Venza's for 36 months. Corolla CE manual transmission lease is semi-monthly for 60 months with \$2100 down payment when you apply the \$800 Lease Assist. Includes freight and fees, HST extra. All in Finance is Bi-weekly for 84 months when you apply the \$500 Finance Assist. Includes freight and fees, HST extra. All in price includes freight and fees, HST extra. RAV4 PWD LE all in lease payments is Semi-monthly for 60 months with \$1,950 down payment when you apply the \$500 Lease Assist. Includes freight and fees, HST extra. All in Finance price is Bi-weekly for 84 months. Includes freight and fees, HST extra. All in price includes freight and fees, HST extra.



1077 LESLIE ST.,
TORONTO, ON
(Leslie & Eglinton)
1-888-475-7346
toyotaonthePark.ca

TOYOTA Certified USED VEHICLES

Pre-Owned Event Sale!



2012 COROLLA CE

BI-WEEKLY 72 MONTHS	ALL IN PRICE
\$127	\$14,995
	STK# SC08613L



2014 COROLLA

BI-WEEKLY 72 MONTHS	ALL IN PRICE
\$144	\$16,995
	STK# 3457L



2011 RAV4 LE FWD

BI-WEEKLY 72 MONTHS	ALL IN PRICE
\$144	\$16,991
	STK# SC09609L



2009 VENZA AWD LEATHER & MOON ROOF

BI-WEEKLY 60 MONTHS	ALL IN PRICE
\$178	\$17,995
	STK# SH12623A



2012 CAMRY LE

BI-WEEKLY 72 MONTHS	ALL IN PRICE
\$147	\$17,384
	STK# SCA7536L



2012 4RUNNER SR5

BI-WEEKLY 84 MONTHS	ALL IN PRICE
\$249	\$32,685
	STK# 6RU6933A



2015 YARIS SE

BI-WEEKLY 84 MONTHS	ALL IN PRICE
\$146	\$19,678
	STK# SC03419A



2013 SIENNA

BI-WEEKLY 84 MONTHS	ALL IN PRICE
\$214	\$28,995
	STK# 5RU7150B



2011 CAMRY HYBRID

BI-WEEKLY 72 MONTHS	ALL IN PRICE
\$169	\$16,987
	STK# SCA2461L



2010 COROLLA CE

BI-WEEKLY 60 MONTHS	ALL IN PRICE
\$129	\$12,987
	STK# 3447



2013 RAV 4 AWD

BI-WEEKLY 84 MONTHS	ALL IN PRICE
\$162	\$21,863
	STK# #3443

*1%1.9% available on TCUV Corolla and Matrix, 24 month term, OAC. All bi-weekly payments are at 4.99% interest and are all OAC. All in price is plus HST only. Down payment, terms and interest rates will vary. OAC. Vehicles may not be exactly as shown. All vehicles were available at time of print. Prices and payments are plus tax. All dealer rebates, discounts, factory incentives, prices, and interest rates are subject to change or end without notice as new retail incentive programs are announced. Offers expires October 31st 2015. Cost of credit example: \$20,000 x 72 months @ 4.99% = \$965/mnt, cost of borrowing \$3980.



1077 LESLIE STREET, TORONTO, ONTARIO, (Leslie & Eglinton) 1-888-475-7346 | toyotaonthePark.ca

Interns ripe for exploitation

You must be punctual. You must own your own car. You will be emailing and calling seven days a week at all hours. You must never make spelling mistakes in emails. You should be excited to work in the music industry.

Manager and promoter Amir Epstein says he's fielded at least two dozen applications for the internship with the Epstein Management music agency.

He said he doesn't believe his posting violates the law.

In Ontario, where Epstein Management is located, unpaid internships are legal only under certain criteria.

Epstein Management is far from the only company looking for unpaid interns despite Ontario's ongoing crackdown on the practice. More than a dozen ads on Kijiji seek volunteer labour.

The youth unemployment rate sits at 13.1 per cent — almost double the national average — as about 170,000

fewer young people are in the workforce than before the recession. Critics suggest that makes young Canadians vulnerable to exploitation from those seeking free labour.

Labour lawyer Andrew Langille said there's nothing wrong with internships that provide education and skills to young people without pay, but that the current lack of protections leaves the system ripe for exploitation.

THE CANADIAN PRESS

market minute



DOLLAR

77.84¢ (+0.45¢)



TSX

13,828.97 (-46.36)



OIL

\$46.38 US (-26¢)



GOLD

\$1,187.50 US (+\$7.70)

NATURAL GAS: \$2.453 US (-6.5¢)
DOW JONES: 17,141.75 (+217.00)



Canada's largest drugmaker said most of the information requested relate to patient assistance programs, including financial support for patients. THE CANADIAN PRESS

Valeant gets subpoenas

PHARMACEUTICALS

Prosecutors in U.S. probing price hikes of heart drugs

Valeant Pharmaceuticals stock plunged again Thursday after the company said U.S. federal prosecutors in Massachusetts and New York are seeking information on its drug pricing, distribution and patient assistance program.

The Quebec-based company, the largest drug company in the country, said most of the materials requested by the subpoenas from the U.S. Attorney's

offices in the two states relate to the company's patient assistance programs, including financial support provided for patients and pricing decisions.

The U.S. Congress became interested in Valeant following its purchase of the heart drugs Nitropress and Isuprel and subsequent price increases, which ranged from a doubling to a more than tripling in price for the drugs.

The drugs are administered in hospitals as part of a larger treatment protocol.

Responding to a letter from Sen. Claire McCaskill, Valeant chairman and CEO Michael Pearson said the higher list price for its two drugs won't affect patients and will have a "limited impact" on hospital costs because reimbursements for procedures including these drugs from the patient's insurance provider or a federal health program won't change.

"Because these drugs are hospital-administered and generally are not purchased directly, increasing the cost of the drugs to hospitals should not reduce patient access," he said.

THE CANADIAN PRESS

\$4.9 billion

Valeant Pharmaceuticals said its overall \$4.9 billion US in revenues in the first half of the year included only \$126 million US from Nitropress and \$121 million US from Isuprel.



ACTIVEWEAR
INSPIRED BY
WELL-BEING

JOIN US IN CELEBRATING OUR NEW STORE

IN TORONTO
EATON CENTRE, LEVEL 1

TODAY ONLY
FROM 12PM TO 2PM
THE FIRST 50 CUSTOMERS TO MAKE
A PURCHASE WILL RECEIVE A FREE
LOLË YOGA MAT*

* With a minimum purchase of \$100,
while quantities last.

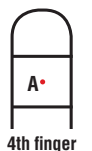


lolewomen.com

#loletorontoeatoncentre

STOP ANY PAIN RIGHT AWAY

- FCA (Function Control Acupuncture):** Any pain or illness can be greatly improved right away when the body system is fully functional and balanced.
- FCA example:** Press point (A) carefully a few times with a pen and improve sciatica pain within seconds.
- Most pain and illness can be greatly improved** by using a few points on the 2 fingers within seconds.
- FCA may help protect** against pain and illness for the rest of your life.



Back Neck Sciatica Muscle Migraines Arthritis Insomnia
Depression Skin Allergies Asthma... Any pain and illness

James Kim, R.Ac, R.TCMP FCA Specialist
696 Sheppard Ave. West
1 block west of Bathurst St.

7 Days/Week Walk-in

416-788-3837

RealCHANGE STARTS NOW

Authorized by the registered agent for the Liberal Party of Canada.

Real Change Now

metr VIEWS

Science put to rest: A study of African and South American hunter-gatherers found pre-industrial people likely slept 5.7-7.2 hours/night — busting the myth that modern life has destroyed slumber.

CAM TUCKER DEFENDS BAUTISTA'S BAT FLIP



The home run wasn't just an ordinary home run. It was the biggest moment in Blue Jays history since Joe Carter. The celebration that followed was of sheer passion.

It was the bat flip to end all bat flips. Epic. Defiant. Oh, and of course it was controversial.

Jose Bautista, after launching the most important home run for the Toronto Blue Jays in more than 20 years and the most important of his career, stood at home plate and in a swift, strong motion, tossed the bat he used to drive his team to the American League Championship Series into the air before the customary trot around the bases at Rogers Centre.

It is now an iconic moment. Social media made sure of that.

It's been 22 years since Joe Carter won the World Series for the Blue Jays on a home run to left field at was then the Sky Dome, the shots of him leaping into the air with that uninhibited smile as he rounded his way into history still ingrained in the minds of Canadians. Pure joy. No bat flip, though.

Naturally, what Bautista did Wednesday was going to draw critics.

Heck, the benches cleared when the triumphant hero reached home plate. It's garnered discussion throughout North America, on social media and sports talk radio, and has been written about on ESPN and Deadspin.

Among the notables to oppose Bautista's action is Texas pitcher Sam Dyson, who threw right into Bautista's wheelhouse and promptly watched the ball sail into the delirious frenzy of blue and white beyond the left-field fence.

If we demand our professional athletes remain stoic and subdued in their greatest moments, the fun and emotion is removed from the experience.



FLIPPING CONTROVERSIAL Jose Bautista's extravagant bat toss was fitting because he led the Jays to an epic comeback Wednesday, writes Cam Tucker. DARREN CALABRESE/THE CANADIAN PRESS

yond the left-field fence.

Of Bautista's bat flip, Dyson told reporters in Toronto: "Just kind of respect the game a little more."

And, "He's doing stuff that kids do in Wiffle ball games and backyard baseball."

Look, perhaps it would be justifiable to take issue with Bautista's bat flip if he busted that out in the middle of May against a team like the Oakland Athletics in the seventh inning of a blowout game. Forget disrespectful. Then it would just look silly.

But this was Game 5 of the American League Division Series, winner take all. The Blue Jays trailed the series 2-0, looking dead and done, only to come roaring back to life, resurrecting fans who may have thought it was all over when the team departed for Texas for Games 3 and 4.

The three-run Bautista dinger broke open a 3-3 deadlock in the deciding game, providing

the climax to the emotional — understatement — and now famous seventh inning.

It involved one of the strangest plays, when Toronto's Canadian catcher Russell Martin went to throw the ball back to the pitcher, hitting the bat of Rangers' Shin-Soo Choo — a live ball — leading to the go-ahead run for Texas. A lengthy umpires' review solidified the run, angering the Toronto crowd.

With the lead and nine outs away from advancing, the Rangers then committed three errors in the bottom half of the inning, leading to the Toronto comeback and Bautista's dinger. The benches cleared — twice. This wasn't ordinary. This was playoff baseball, if you'll pardon the expression, on steroids.

And the Bautista home run wasn't just an ordinary home run. He's hit plenty of those in his career with the Blue Jays. It was the biggest moment

in Blue Jays history since Joe Carter.

The celebration that followed was of sheer passion.

Sure, there are boundaries to celebrations. But how is Bautista tossing the bat any different from the New England Patriots' Rob Gronkowski spiking the football like he's trying to bury it?

If we demand our professional athletes remain stoic and subdued in their greatest moments, the fun and emotion, which is what October baseball is all about, is removed from the experience.

Robots don't play the game. Humans do. And humans tend to celebrate great accomplishments.

And that's why people shouldn't flip out over Bautista's bat flip.

Cam Tucker is a Vancouver-based sports reporter for Metro. He tweets at @CamTucker_Metro.

metroview

Government approach to science reads — sadly — like satire



John Dupuis
For Metro

It's been a great month for Canadian science. Queen's University physicist Arthur McDonald won the Nobel Prize for, as the citation reads, "the discovery of neutrino oscillations, which shows that neutrinos have mass." Curiosity-driven science done at the Sudbury Neutrino Observatory; pure science done in Canada by a Canadian.

Of course, pro forma congratulations were issued by the prime minister's office.

But sometimes satire can reflect reality better than anything true. Consider the recent Beaverton headline, "Harper left wondering who let Nobel Prize winner Arthur McDonald talk to the media." It's not literally true. McDonald did his fair share of interviews talking about his work and stressing the importance of the government balancing basic and applied research. He didn't explicitly mention our government, but we all knew what he meant.

The Nobel Committee has a history of making subtle political points with their choices. It's not hard to imagine they saw this election as an opportunity to make a point about basic science while acknowledging a deserving Canadian.

Back in 2013, Canada's National Research Council abandoned its balance of pure and applied research for a nearly exclusive focus on industry-driven work. As the new director at the time said,

"Scientific discovery is not valuable unless it has commercial value." That's not how you discover neutrinos, or the principles of integrated circuits that underlie our entire technological society.

Another headline too good to be true, this from the Syrup Trap: "Government of Canada pledges \$30 million to ignoring science." Again, we hear a deeper truth. From muzzling scientists, to dismantling the research libraries at the Department of Fisheries and Oceans, to cancelling the long-form census, to firing thousands of scientists and shuttering dozens of research programs, this government has been dead-set against the principles of open inquiry in science and society.

And then there's "Tory candidate Sabrina Zuniga says ground will absorb oil spills." Oh, sorry, that's not satire. A Conservative candidate actually said that. It's hard to believe someone could be both so ignorant and contemptuous of public well-being.

Is this the kind of country you want? Before you make your choice at the ballot box, research your preferred candidate's views on science and open inquiry. And after the election, contact your new (or re-elected) MP to say you support evidence-based decision-making in public policy.

John Dupuis is a science librarian at York University. He blogs about science, libraries and politics at Confessions of a Science Librarian and tweets @dupuisj.

metr
Your essential daily news

STAR MEDIA GROUP PRESIDENT
John Cruickshank

VICE PRESIDENT & EDITOR
Cathrin Bradbury

VICE PRESIDENT & GROUP PUBLISHER
METRO EASTERN CANADA
Greg Lutes

MANAGING EDITOR TORONTO
Angela Mullins

ADVERTISER INQUIRIES
adinfotomato@metronews.ca
General phone 416-486-4900

FREE TO SHARE

PHILOSOPHER CAT
by Jason Logan

WHAT IS TO GIVE
LIGHT MUST ENDURE
BURNING.

ANTON WILDBAUS

Real CHANGE **STARTS NOW**

Learn more at realchange.ca



Authorized by the registered agent for the Liberal Party of Canada.

A STRONG GTA STARTS WITH A STRONG MIDDLE CLASS

- 1 More money to raise your kids** with our more generous, tax-free child benefit - 9 out of 10 families will get more money every month with our plan.
- 2 Cut taxes for the middle class** and raise them for the wealthiest 1%.
- 3 Create good jobs** by investing in infrastructure while interest rates are low.
- 4 Invest \$2 billion in the GO Train network**, as well as improved service for commuters from Hamilton, Ajax, Stouffville, Vaughan, and Kitchener.


Liberal

TEAM TRUDEAU WILL HELP BRING  RealCHANGE NOW

RealCHANGE STARTS NOW

Authorized by the registered agent for the Liberal Party of Canada.

Real Change Now

metroWEEKEND

Your essential daily news

MOVIES MUSIC TELEVISION DIGITAL

The great films that got away

GUILLERMO DEL TORO

Crimson Peak director has turned down big projects

Richard Crouse
For Metro Canada



Few modern directors raise the hair on the back of your neck like Guillermo del Toro. From the eerie Pale Man character in Pan's Labyrinth to the deadly mechanical scarab of Cronos, he has trained viewers to expect the unexpected.

His latest, *Crimson Peak*, is a spooky thriller starring Jessica Chastain, Mia Wasikowska and Tom Hiddleston that del Toro describes as an "almost classical gothic romance ghost story," before adding, "it has two or three scenes that are really, really disturbing in a very, very modern way." Also expect a fest for the eyes. "I'm not giving you eye candy," he says. "It's eye protein."

Films like *Pacific Rim*, *The Devil's Backbone* and *Hellboy* have made del Toro a fan favourite but for every film he makes there is Internet buzz about the movies he didn't make.

"I'm famous for the ones I turned down," he told me a few years ago in a candid conversation on my radio show.

Indeed a quick Google search reveals a list of hit films he said no to.

The script for *Se7en* came his way but was judged to be too



Mia Wasikowska stars as Edith Cushing in Guillermo del Toro's *Crimson Peak*, opening this weekend. CONTRIBUTED

cynical for del Toro's tastes. Horror hits *Blade: Trinity* and *AVP: Alien vs. Predator* went to directors David S. Goyer and Paul W.S. Anderson respectively when Guillermo declined because he was too busy getting his version of *Hellboy* to the screen.

I asked him about that period. "To get *Hellboy* made you turned down..." "A lot," he said, finishing my sentence.

More recently he walked away from *The Hobbit*, a decision he called "extremely painful," and took a rain check on *Star Wars: Episode VII The Force Awakens* because "basically I have so much

stuff already of my own, and I'm pursuing stuff that I'm generating already."

One project has kept the del Toro fan base purring for years, a proposed version of *Frankenstein*.

"This is the one that I pursue and drop. It's daunting. This is the most important story in the history of narrative. The most important book in my life is *Frankenstein* and the most important movie is James Whale's *Frankenstein*."

"It's like that girl you have been dating for 35 years and you can't say, 'Would you marry me?'"

"I read the book and realized nobody has done the book. It is amazing to me that nobody has done the emotions that are in the book. The way I want to treat the one I do is not to be slavish to the book but create the same effect the book has which is the incredible journey of the creature."

I ask if he has any second thoughts about the films he turned down.

"Every movie I have left behind or not done I don't regret at all but there's one that I can't help but wonder (about), *Prisoner of Azkaban*. I really loved

“

I'm not giving you eye candy. It's eye protein.

Guillermo del Toro, on the style of his thriller *Crimson Peak*

MOVIE RATINGS by Richard Crouse

Beeba Boys ★★★
Freeheld ★★★
Sleeping With Other People ★★

HOW RATING WORKS
★★★★ SEE IT
★★★ WORTHWHILE
★★ UP TO YOU
★ SKIP IT

the books. I don't love all the movies but at that stage I saw the first two movies and they were a little too happy for me. I thought, 'Do I really want to go on and try to change the entire universe like that?'"

The job of directing the third

Harry Potter movie eventually went to one of del Toro's friends, Alfonso Cuarón. "When I saw that movie I told Alfonso, 'I love you and I hate you. You made a great movie.' That's the only one that went away that I will always wonder about."

THE EVERYTHING TO DO WITH SEX SHOW

A Delicious Night Out

VISIT **clubmetro.com** TO ENTER

ENTER ONLINE FOR THE CHANCE TO WIN A \$500 SEX SHOW PRIZE BAG

THE EVERYTHING TO DO WITH SEX SHOW

OCTOBER 23 - 25, 2015 ENERCARE CENTRE

EVERYTHINGTODOWITHSEX.COM

No purchase necessary. One entry per person, per day. Contest open to residents of the cities of Toronto, ON who have attained the age of majority at the start of the Contest Period. Odds of winning depend on the number of eligible entries received in each city. Approx. 100 prizes are available to be won: five (5) grand prizes, consisting of a gift bag, and ten (10) secondary prizes, consisting of a pair of tickets to the Everything To Do With Sex Show. Approximate retail value of each grand prize is \$500, and of each secondary prize is \$50 (GST). Each selected entrant must correctly answer, unaided, a mathematical skill-testing question to be declared a winner. Contest Period opens at 12:01 am ET on Oct 14, 2015 and closes at 11:59 pm ET on Oct 26, 2015. To enter and for complete contest rules visit www.clubmetro.com.

'The Kanye West of horror'

INTERVIEW

Jack Black talks playing R.L. Stine in Goosebumps

Ned Ehrbar
Metro | Hollywood


Before we begin our interview, Jack Black lets it be known he'll be doing it fully reclining on a long stretch of sofa, staring at the ceiling.

"This is awkward, but it's the way it has to be," he explains.

Black may be a bit exhausted from his work as a fictionalized version of author R.L. Stine in *Goosebumps*, an egomaniacal, reclusive author whose devilish creations come to life and run amok on a small Delaware town.

What do you think about the idea of being a recluse? Ever been tempted?

I am a bit of a recluse. I can relate to that part of Stine's personality.

There's part of that that just comes with the territory. You get in your Hollywood bubble and you try not to leave because you don't want to have selfies and autographs. So yeah, I get it.

But you've never gone full-on Howard Hughes?

No. I don't have those kinds of demons inside of me. At least not yet. Give me time.

I'll be bottling my piss in a few decades, I'm sure. If I live that long.

You're working with a lot of monsters who are not actually physically there.

Yeah, lots of special effects monsters and computer-generated animation.

Aside from King Kong, how much experience had you had with that?

Well, that's all I needed. King Kong was the king of all special effects movies. It wasn't just King Kong that I was pretending to see, it was thousands of prehistoric insects and lizards all over the place. You just had to imagine the whole movie. Every shot of King Kong had a special effect in it. It was mind-boggling.

So this was kind of easy in comparison. I was primed and ready.

There are not as many special effects in this one, is what you're saying.

I mean, there's tons in this movie, too. Those big set pieces are amazingly good, especially when you consider the difference in budget between this and *King Kong*, which was probably three times as expensive.

Rob Letterman is a wizard. He knows that world so well, and he picked his moments wisely where to spend the money, you know?

You're playing this at a particular level of bigness. How do you decide for each role how big to get?

I don't really think about the size of the dramatic levels.

I mean, yeah, there's giant creatures all over the place and the world is fantastical, so you can get away with a little more bombast and high drama in your performance, I suppose, but I was really just thinking about this character who is the genius writer who has these dark secrets and dark demons that he keeps hidden from the world. And for some reason that just said Orson Welles to me.

That seemed like the perfect person to model it after, so I watched *Citizen Kane* 30 times and then went to the set.

Did you discover anything about *Citizen Kane* you never noticed before?

That it's a f—ing great movie. That's no newsflash, though. Everybody says it's the best movie ever made. I discovered that Jack White has covered two songs from the movie.

I can't remember which songs exactly, but Google "Jack White *Citizen Kane*" and you'll see.

Orson Welles aside, I did feel a lot of *Tenacious D* in this performance, that particular bravado and self-regard.

Right! Yes! I didn't think about that, but there was a narcissism there that was consistent with *Tenacious D*.

He's the Kanye West of horror.

Had you read the books?

No, I didn't. I just read the script and flipped over that, and for that reason I don't think there's any need to have read the books to enjoy the movie.

I am a bit of a recluse. I can relate to that part of Stine's personality.
Jack Black



Jack Black, Dylan Minnette, Ryan Lee and Odeya Rush star in Columbia Pictures' *Goosebumps*. Black plays the creator of the series with a lot of self-regard and bravado. HANDOUT

THE METRO NEWS JUST FOR LAUGHS COMEDY TOUR PRESENTED BY WESTJET CONTEST

WESTJET presents

Just for laughs



CANADIAN COMEDY TOUR '15 NOVEMBER 5 TO 21

YOU COULD WIN FRONT ROW TICKETS AND A TRIP FOR TWO TO NEW YORK CITY!

visit club metro.com to enter

1 WIN A PAIR OF FRONT ROW TICKETS TO THE JUST FOR LAUGHS COMEDY TOUR PRESENTED BY WESTJET SHOW AT MASSEY HALL ON NOVEMBER 6!

2 GRAND PRIZE: A TRIP FOR TWO TO NEW YORK CITY, INCLUDING FLIGHTS, COURTESY OF WESTJET, A 3-NIGHT STAY AND TICKETS TO SEE COMEDY SHOWS IN THE BIG APPLE!

WESTJET

GO TO WWW.CLUBMETRO.COM TO ENTER TODAY!

hosted by

GERRY DEE
MR. D

and featuring

CRISTELA ALONZO
STAR OF CRISTELA

ROBER KELLY
STAR OF LOUIE

GRAHAM CHITTENDEN
JFL ALL ACCESS

RELATIONSHIP EDITION



LOVE, FAMILY

AND... ALL THE

NONSENSE IN BETWEEN

NOVEMBER 6 • 7:30 PM • MASSEY HALL

TICKETS AVAILABLE AT ROY THOMSON HALL BOX OFFICE & TICKETMASTER

416-872-4255 • 1-855-985-5000

MASSEYHALL.COM • TICKETMASTER.CA

No purchase necessary. One entry per person, per day. Contest open to residents of the provinces of Ontario, Alberta and British Columbia, who have attained the age of majority in their province of residence at the start of the Contest Period. Odds of winning depend on the number of eligible entries received. There are two (2) pairs of tickets to the Just For Laughs Comedy Tour presented by WestJet show in each market available to be won as well as one (1) Grand Prize consisting of a trip for two (2) to New York City, which includes return airfare, courtesy of WestJet, three nights hotel accommodation and tickets to see comedy shows in New York City. Approximate retail value of comedy tour tickets \$220.00 CDN per pair and grand prize is \$3,700.00 CDN. Each selected entrant must correctly answer, unaided, a mathematical skill-testing question to be declared a winner. Contest Period opens at 12:01 am ET on Oct. 15, 2015 and close at 11:59 pm ET on Nov. 2, 2015. To enter and for complete contest rules visit www.clubmetro.com.

Metro comedy metr

HAHAHA.COM/COMEDYTOUR



EXPOSED!

Your Chance to Discover the Truth about Getting Your Own Income-Generating Properties in the U.S.

THE NUMBERS DON'T LIE. INVESTING IN THE U.S. JUST MAKES SENSE...

**AVERAGE
TORONTO
HOME
\$1,042,284**
**AVERAGE
RENT
\$2,454**



TORONTO AREA



ORLANDO, FLORIDA

**AVERAGE
ORLANDO
HOME
\$144,961**
**AVERAGE
RENT
\$1,170**

(This modest bungalow in Toronto recently sold for \$1,344,756.00, \$250,000 over asking price.)

Earn \$5,000-\$10,000 in the next 90 days with LITTLE TO NO RISK

Once my friends saw how well I was doing, they all wanted to get involved. It's funny – for 6 long struggling years, I had no friends, I was the crazy “black sheep” of the family who always needed to get a REAL job, and suddenly, they were all asking ME for advice!

And now I'm a national expert in the field of income-generating properties in the United States!

YOU DON'T NEED MONEY OR CREDIT TO OBTAIN WEALTH IN U.S. REAL ESTATE!

At upcoming Wealth in U.S. Real Estate event, you'll learn:

- How to make \$5,000 - \$10,000 in the next 90 days.
- How to buy & sell U.S. real estate using the Internet.
- How to have other people find you HOT DEALS!
- How to sell U.S. properties lightning fast!
- How to NEVER use more than \$100 on any of your U.S. real estate transactions.
- How to access up to \$500,000 in funding for ANY deal you do EVEN if you are deep in debt. And...
- How to earn big checks even if you never sell your U.S. investment!

Hi, my name is Marco Kozlowski and the income-producing U.S. real estate deals you see here are not unique. In fact, I have many similar deals from people all across Canada who have made 6 Figures in 60 days using my methods.

If you're working hard these days without enough to show for it, I understand. I used to work hard myself – the 18-hour days – the 7-day weeks. I was a struggling musician trying to provide for my 4 kids. But I never made big money until I discovered the secrets of investing successfully in U.S. real estate – and then I was able to work a lot less.

I've arranged a FREE training in Toronto, and I want you to be there with me. Seating is extremely limited, so you need to call to reserve your spot TODAY before all of our seats fill up.

MY SYSTEM FOR INCOME-PRODUCING PROPERTIES IS REMARKABLY SIMPLE

Join me at my upcoming training and I'll show you all of the ways to find income-generating properties like you see here in the top U.S. markets – places like Florida, California, and even Las Vegas.

You can even control these properties with only \$100 out of your pocket (which may sound too good to be true, but hundreds and hundreds of successful students can prove this to you in a second). Even better, someone else can also sell your property lightning fast in days... others do the work, and you collect a check.

VERY LITTLE TIME NEEDED, NO NEED TO QUIT YOUR JOB... BUT YOU MIGHT!

The profits in income-producing properties are amazing. It's simple to do, and it happens fast when you know my “insider” secrets. You don't have to quit your job. You don't need to open an expensive office. You don't need a real estate license and you don't need to spend a lot of time to start. You don't even need to travel to the U.S. – but you may want to spend some time in the sun visiting your money-making properties!

WHAT DOES IT TAKE? Pick up your phone, and get registered today for my FREE training in your area. If you do that – nothing more, nothing less – the results will be hard to believe.

I invite you to join me and learn the lasting effects that Wealth in U.S. Real Estate can provide for you and your financial future. If this appeals to you, then you need to HURRY up and call TODAY to learn how to obtain your own income-generating properties. Since my event is FREE, the spots will fill up lightning fast, and I would hate for you to miss out on this phenomenal opportunity to get on the road to financial freedom.

Toronto Bungalow Sells for \$1.28 MILLION



This bungalow sold for **\$1.28 million** as sales of detached homes within the Toronto borders soared. If you have been wanting to get income properties in the GTA but prices are way above your budget then you're going to love this free event.



Within 30 days of attending the event I was able to get 7 positive cash flow properties under contract with almost nothing out of my own pocket! It was easy when I followed the step-by-step system. They even got me all the funding I needed...Thank you!
— Diana P., Toronto

“At first I was skeptical, but when I closed my first deal and saw the seller's signature on the contract for an amazing positive cash-flow property I was a BELIEVER! Using Marco's system I was able to get a home for only \$21,000 and most importantly I was able to help someone who no longer wanted their home...”
— Steeve R., Markham

CALLING NOW WILL CHANGE YOUR LIFE!



Call and register for my training right NOW, and get your FREE SPECIAL eBOOK: Investing in U.S. Real Estate: The Top 10 Myths Revealed.

BRING THIS AD TO THE EVENT TO GET YOUR FUNDING QUALIFICATION CERTIFICATE

ATTEND THIS FREE SEMINAR and learn how to create instant cash flow

MARKHAM	DOWNTOWN	AIRPORT	ST CATHARINES	MARKHAM	GUELPH	MISSISSAUGA	SCARBOROUGH
Thu, October 10 at 10:00am Hilton Toronto Markham Suites 800 Warden Ave	Thu, October 15 at 10:00am Hilton Toronto Ontario 83 Gerrard St W	Fri, October 16 at 10:00am Hilton Toronto Airport 6257 Airport Rd	Fri, October 16 at 10:00am Hilton Toronto St Catharines 42 N Service Rd	Sat, October 17 at 10:00am Hilton Toronto Markham Suites 8500 Warden Ave	Sat, October 17 at 10:00am Holiday Inn Guelph 601 Scottsdale Dr	Sun, October 18 at 10:00am Hilton Mississauga Meadowvale 6750 Mississauga Rd	Sun, October 18 at 10:00am Delta Toronto East 2035 Kennedy Rd

Register Now, Call Toll Free 1-844-869-9081
or go to: **www.RealEstateWealthLive.ca**

Presented by
at Will
Events

Now playing



HORROR
Goosebumps
Director: Rob Letterman
Starring: Jack Black, Odeya Rush, Dylan Minnette

Upset about moving from a big city to a small town, a teenager finds a silver lining when he meets the beautiful girl living right next door. But every silver lining has a cloud and Hannah has a mysterious dad.

ROTTEN TOMATOES™ SCORE
Critics: Audience:
 79% **+95%**



MYSTERY & SUSPENSE
Bridge of Spies
Director: Steven Spielberg
Starring: Tom Hanks, Mark Rylance

Tom Hanks stars as the American attorney tasked with negotiating the release of a U-2 spy plane pilot who was shot down over Russia at the height of the Cold War in this historical drama. Steven Spielberg and Mark E. Platt produce a film written by Matt Charman.

ROTTEN TOMATOES™ SCORE
Critics: Audience:
 90% **+98%**



HORROR
Crimson Peak
Director: Guillermo del Toro
Starring: Charlie Hunnam, Jessica Chastain

When her heart is stolen by a seductive stranger, a young woman is swept away to a house atop a mountain of blood-red clay: a place filled with secrets that will haunt her forever. Between desire and darkness, between mystery and madness, lies the truth behind Crimson Peak.

ROTTEN TOMATOES™ SCORE
Critics: Audience:
 71% **+97%**



DRAMA
Experimenter
Director: Michael Almereyda
Starring: Peter Sarsgaard, Winona Ryder

In 1961, social psychologist Stanley Milgram conducted the "obedience experiments" at Yale. These observed the responses of people asked to send harmful electrical shocks to a stranger. Despite pleadings from the person, 65 per cent of subjects delivered potentially fatal currents.

ROTTEN TOMATOES™ SCORE
Critics: Audience:
 81% **+90%**



DRAMA
Steve Jobs
Director: Danny Boyle
Starring: Michael Fassbender, Seth Rogen

Set backstage at three iconic product launches and ending in 1998 with the unveiling of the iMac, Steve Jobs takes us behind the scenes of the digital revolution to paint an intimate portrait of the brilliant man at its epicenter.

ROTTEN TOMATOES™ SCORE
Critics: Audience:
 70% **+73%**

DOCUMENTARY
Meet The Patels
Director: Geeta V. Patel, Ravi V. Patel
Starring: Ravi Patel, Champa V. Patel

A laugh-out-loud real life romantic comedy about Ravi Patel, an almost-30-year-old Indian-American who enters a love triangle between the woman of his dreams and his parents.

ROTTEN TOMATOES™ SCORE
Critics: Audience:
 84% **88%**

MYSTERY & ACTION
Momentum
Director: Stephen Campanelli
Starring: Olga Kurylenko
When Alex, an infiltration expert with a secret past, accidentally reveals her identity during what should have been a routine heist, she quickly finds herself mixed up in a government conspiracy.

ROTTEN TOMATOES™ SCORE
Critics: Audience:
NOT YET REVIEWED **+81%**

AN INTIMATE & PERSONAL EVENING WITH

Caitlyn
JENNER

MONDAY, FEBRUARY 22, 2016
8:00PM

LIVE AT
ROY THOMSON HALL

Tickets
starting from
\$50*

*Service charge extra.



VIP Tickets to meet Caitlyn Jenner are available.

For tickets call **416-872-4255**
or online **www.uniquelives.com**

UNIQUE LIVES & EXPERIENCES

TORONTO STAR
thestar.com

Director pulls the trigger on gangs

BEEBA BOYS

Deepa Mehta explores Vancouver's Sikh gangsters

Richard Crouse
For Metro Canada

"The whole point of doing work is to surprise yourself and others," says Deepa Mehta. The director of art house hits like *Water*, *Bollywood* and *Midnight's Children* will certainly raise a few eyebrows with her new film *Beeba Boys*.

The movie is a violent look at a Vancouver gang of second and third generation Indo-Canadian criminals known as the Beeba Boys. It features the first car chase in any of her films and certainly contains more gunplay and violence than any other of her personal, introspective movies.

"I've always been a sucker for gangster films," she says. "Tarantino, eat your heart out."



A documentary on Vancouver's Sikh gangs inspired Deepa Mehta's film *Beeba Boys*. HANDOUT

The Toronto-based Mehta first became aware of Vancouver's Sikh gangs from a CBC documentary. It's a violent

culture she says the rest of the country is largely unaware of — "after you cross the Rockies it's like everybody has

amnesia about what happens in our own country" — but one that gripped her.

"As a director it is really



66

The story calls for gangsters and of course they are not going to be carrying lollipops in their hands.

Director Deepa Mehta

exciting for me to explore a world I don't know much about. It is a learning process. Exploring this world of *Beeba Boys*, of gangsters, the search for identity, the desire to be seen, the looking for acceptance is a world that is very familiar to me but the way it is told is completely unfamiliar. That was exciting.

"They're not like the Mafia. They're not at all like the Triads. They're not at all like the Yakuza and they're not like the Hell's Angels. They are very culturally based and I found that fascinating."

Whether it is a period piece or a modern day film, Mehta's work turns the camera on her community and the underpinnings of that culture.

Critics have expressed surprise at *Beeba Boys* because

when you put a gun in somebody's hand in a Deepa Mehta movie that's what draws all the attention.

"I'm just happy they are talking about the film," she says.

"The ones who want to focus on the guns will focus on the guns and that's fine. Each to their own. The ones who know my work and wish to see something that is not just on the surface will see that it is a continuation of my work."

"Thematically it is a continuation of everything I've done because it is a film about identity but the story is different and the story calls for gangsters and of course they are not going to be carrying lollipops in their hands. Let's get real."

SHOPPING SPREE GIVEAWAY

JOIN THE KIT'S CELEBRATIONS. ENTER FOR YOUR CHANCE TO WIN A

\$1,000

GIFT CARD FROM H&M

thekit.ca/shopping-spree-giveaway



THE KIT
5 YEAR ANNIVERSARY

H&M

BRADLEY COOPER

Never underestimate a man with everything to lose.

BURNT

SIENNA MILLER OMAR SY DANIEL BRÜHL MATTHEW RHYS
WITH SUMATHURMAN AND EMMATHOMPSON

IN THEATRES OCTOBER 30

YOU COULD WIN

a double pass to an Advance Screening of

BURNT

on October 22

visit **club metro.com** to enter

entertainmentOne

No purchase necessary. Open to Canadian residents, 18 and older, excluding residents of Quebec. Contest begins at 12:00 AM, October 1, 2015 and closes at 11:59 PM, November 12, 2015. Odds of winning depend on total number of eligible entries received. Entrants must answer a skill testing question. Approximate value of each prize: \$1000. Complete rules available at www.thekit.ca/shopping-spree-giveaway

No purchase necessary. One entry per person, per day. Contest open to residents of the cities of Vancouver, BC, Edmonton and Calgary, AB, Toronto and Ottawa, ON, Winnipeg, MB, and Halifax, NS, who have attained the age of majority in their province of residence as at the start of the Contest Period. Odds of winning depend on the number of eligible entries received in each city. Thirty (30) prizes are available to be won in each market, consisting of a double pass to a screening of *Burnt* on October 22, 2015. Approximate retail value of each prize is \$25 CDN. Each selected entrant must correctly answer, unaided, a mathematical skill-testing question to be declared a winner. Contest Period opens at 12:01 am ET on October 13, 2015 and closes at 11:59 pm ET on October 18, 2015. To enter and for complete contest rules visit www.clubmetro.com.

INTERVIEW

Actress talks commune living and The Banality of Evil

Matt Prigge
Metro | New York



Winona Ryder has had her brushes with infamy and trouble, but that doesn't keep her from opening up. When we speak, she's gabby and funny, in part because she's really into her new film *Experimenter*, a semi-experimental biopic about Stanley Milgram (played by Peter Sarsgaard), the psychologist who did famous/infamous tests on people's willingness to follow orders, no matter how inhumane they may be.

Ryder plays Milgram's devoted wife Sasha, though she's not just a typical movie spouse. It's a chance to work with Sarsgaard and director Michael Almereyda (of the playful *Ethan Hawke Hamlet*), both longtime friends. And it's also nice to, as she puts it, "really mean the stuff you say in these (interviews)."

I know you had a fairly atypical childhood, growing up on a commune in California...

When I say I lived in a com-



The Ryder experiment

mune for four years, people think I was in a cult. (Laughs) And it was not a cult at all. It was seven families in the Redwoods in Mendocino. But my parents were definitely on the intellectual side of the hippie movement. They were more sort of observers. They were activists and stuff, but it's interesting because in some sort of unconscious rebellion I

stayed away from a lot of those things.

Your form of rebellion would be doing the things most people do as rebellion.

I never do yoga. We did it when we were kids. I don't do it now. I probably should. I don't do drugs. Drugs were not encouraged, but my parents did have the thing of,

"Don't get them on the street. If you're really curious please come to us." I think that's a good attitude to have. But I didn't want to. (Laughs).

That's odd, since Timothy Leary was your godfather.

This is his watch. (Shows watch with no numbers on it) But he was more of a godfather to me. He was very

protective. He never let anyone do anything around me. He would take me to baseball games, help me do my homework. He was the opposite of what you'd think Timothy Leary was around me. But there were a lot of people around then. It's a shame because at the time I didn't know who any of them were. They were just grown-ups. I



Drugs were not encouraged, but my parents did have the thing of, 'Don't get them on the street.'

Winona Ryder, on growing up with hippie parents

later found out one of them was John Lennon. (Laughs) I'm like, "What? Why didn't you tell me?" I wish I'd known.

You could have pestered him for Beatles stories.

Or, you know, not terrorized his son.

Growing up, I imagine you were exposed to the stories of and ideas around Stanley Milgram, as well as Philip Zimbardo and Hannah Arendt.

I remember the first time I found out about him. It was from the Peter Gabriel song *We Do What We're Told*, from the *Us* album. I was driving with my dad and I was like, "What does this mean?" And he told me. And I'm a big reader. I've read about *The Banality of Evil* and about Eichmann, because I lost family in the Holocaust.

Light for balancing the budget.

GE Light | Walmart



\$11.96 starting retail
- **\$2.96** Walmart rollback
- **\$5.00** in-store coupon

\$4.00 final price
a 66% savings!

All GE ENERGY STAR® certified LEDs discounted \$5 during the saveONenergy coupon event

Offer available at participating Ontario Walmart stores through October 25th. Visit torontohydro.com/coupons for details.

saveONenergy FOR HOME



hotdocs

"A real-life MY BIG FAT GREEK WEDDING."
—The Marinee

MEET the PATELS

"MADE WITH AN UNMISTAKABLE SENSE OF FUN."
—Kenneth Turan, Los Angeles Times

"LOADED WITH LAUGHS."
—Jordan Hoffman, New York Daily News

CERTIFIED FRESH Rotten Tomatoes

STARTS TODAY!

CINEPLEX ENTERTAINMENT YONGE & DUNDAS WINSTON CHURCHILL SILVERCITY HAMPTON

Check theatre directories for showtimes

PG PARENTS STRONGLY CAUTIONED MATURE THEME

Official Mark of the Independent Electricity System Operator. Used under licence. A registered trademark of Toronto Hydro Corporation used under licence. Toronto Hydro means Toronto Hydro-Electric System Limited.

When one Patel seeks another

INTERVIEW

One man's journey to find a dame with the right name

Steve Gow
For Metro Canada



When he was about to turn 30 years old, Ravi Patel kind of freaked out.

Not only did the Hollywood-based Indian-American actor break-up with his longtime girlfriend (which his traditional parents never knew about), but after joining the clan on a trip back to India, he accepted the challenge to find an Indian wife — and as custom states, she must also be a Patel.

Captured by his co-directing sister Geeta in *Meet the Patels*, we caught up with the siblings to talk about Ravi's romantic global journey.

When did you start to begin filming Ravi's journey to find a wife?

Ravi: We had a trip to India and Geeta had just finished her previous documentary (Project Kashmir) and she wanted to learn how to use a camera (and thought) I'll film the family trip.

Geeta: I'm just focusing on learning how to turn the camera on and he's going 'don't you think it's weird that mom and dad don't even know about Audrey (and now) they have this date they're trying to set me up on — don't you realize how weird our culture is?' Ravi: Somewhere we started to see something in there. We didn't know what it was. It was really just fun.

Your parents' personalities really shine through. I love your father's line 'after 35 years, your mother still doesn't know me and you want to know someone in

two years?' — which I think really speaks to today's generation.

Ravi: That's another thing about this movie — it's really allowed us to see our parents for how wise they are. It's true, the Western notion of relationships is basically figure out as much as you can — make sure every I is dotted, every T is crossed — once you feel really secure, then let's move forward. And (my dad) is like, no, that's the whole point of a relationship. What you need to do is just get to a point where you both decide you're willing to commit.

And it clearly works because the other way around...

Ravi: Ya, 50 per cent divorce rate!

Meet the Patels opens in theatres this Friday.



TAP INTO YOUR DAY.

Free on your iPad every day.

STAR TOUCH
Look forward.



Download on the
App Store

Dunham takes swing at Sixties

TELEVISION

Move over, Mad Men: This show is about strong women

The writer and star of *Girls* is returning to HBO with her new comedy *Max*, which will take viewers back to the feminist movement of the 1960s.

Since 2012, Lena Dunham's series has given us an insight into the lives of Generation Y, with its many challenges, via four New York friends. With *Max* she takes us back to 1963, the time of the baby boomers and the second wave feminist movement.

Second-wave feminism

Her new heroine, Maxine Woodruff, is an ambitious writer, but works for magazines. She stumbles into the heart of a vibrant women's rights movement.



Lena Dunham GETTY IMAGES

Lena Dunham will direct the pilot of this series, whose setting is evocative of *Mad Men*.

Director's chair

Dunham is no stranger to directing as she has already directed 15 episodes of *Girls* as well as the full-length movie *Tiny Furniture*.

She will leave the leading role to Lisa Joyce, an actress who has appeared in *Boardwalk Empire*, another HBO series.

Second-wave feminism

Lena Dunham is an artist committed to women's issues.

It is no secret that the New Yorker is a self-declared feminist.

In September, she launched the newsletter *Lenny*.

The weekly publication, which covers subjects such as feminism, fashion and politics, recently featured an open letter from actress Jennifer Lawrence about the pay differences between men and women in Hollywood.

Her commitment is also clear in her autobiography *Not That Kind of Girl*, which was released in 2014, and in *Girls*, which will see its fifth and possibly next to final season begin on HBO in early 2016.

AFP

CLOSING GALA ATLANTIC FILM FESTIVAL 2015

GALA PRESENTATION VANCOUVER INTERNATIONAL FILM FESTIVAL 2015

GALA PRESENTATION TORONTO INTERNATIONAL FILM FESTIVAL 2015

OFFICIAL SELECTION CALGARY INTERNATIONAL FILM FESTIVAL 2015

OPENING GALA EDMONTON INTERNATIONAL FILM FESTIVAL 2015

★ ★ ★ ★

"GET READY FOR SOMETHING COMPLETELY DIFFERENT FROM MEHTA. GORGEOUS – THE PIC IS HEART-STOPPINGLY KINETIC!"

SUSAN G. COLE, NOW MAGAZINE

"DEEPA MEHTA CHANNELS HER INNER TARANTINO FOR A NOTEWORTHY CHANGE OF PACE, ONE THAT PURSUES HER CAREER-LONG INQUIRY INTO IDENTITY AND THE IMMIGRANT EXPERIENCE WITH EXPLOSIVE RESULTS."

PETER HOWELL, THE TORONTO STAR

"BEEBA BOYS BOASTS A WEALTH OF STYLE AND GENUINE SWAGGER THAT MAKES IT MAGNETIZING TO WATCH."

TORONTO FILM SCENE

BEEBA BOYS

FROM ACADEMY AWARD® NOMINATED DIRECTOR DEEPA MEHTA

MONGREL MEDIA PRESENTS A HAMILTON-MEHTA PRODUCTION PRODUCED WITH THE PARTICIPATION OF TELEFILM CANADA THE ONTARIO MEDIA DEVELOPMENT CORPORATION AND THE PROVINCE OF BRITISH COLUMBIA PRODUCTION SERVICES TAX CREDIT A DAVID HAMILTON PRODUCTION OF A DEEPA MEHTA FILM "BEEBA BOYS" RANDHEEP HODDA ALI MOMEN SARAH ALLEN WARIS AHLUWALIA GULSHAN GROVER BALINDER JOHAL CIA SANDHU STEVE OHLILON ALI KAZMI JAG BAL GABE GREY SAMIR AMARSHI AND PAUL GROSS MUSIC BY MYCHAEL DANNA MANJEET RAL AND BIGBO HILMARS COSTUME DESIGNER JOANNE HANSEN EDITOR DAVID HAMILTON WRITER AND DIRECTOR DEEPA MEHTA

TELEFILM CANADA Canada IM MOVIE CENTRAL

COARSE LANGUAGE, VIOLENCE, SUBSTANCE ABUSE

STARTS TODAY!

CINEPLEX ENTERTAINMENT COURTNEY PARK 16	LANDMARK CINEMAS WHITBY 24	CINEPLEX ENTERTAINMENT WINSTON CHURCHILL	CINEPLEX ENTERTAINMENT EGLINTON TOWN	CINEPLEX ENTERTAINMENT SILVERCITY	CINEPLEX ENTERTAINMENT SILVERCITY BRAMPTON
---	----------------------------	--	--------------------------------------	-----------------------------------	--

Check theatre directories for showtimes

WE NEED MALES

Are you a healthy, non-smoking, CAUCASIAN MALE 18-55 YEARS OF AGE?

- Free of daily medications?

If so, you may be eligible for our upcoming clinical research studies:

Study 1824 Caucasian Males 18-55 years of age

- Study starts on Oct 24, 2015 – 2 sessions with 3 returns per session
- Compensation is up to \$1400 for completing the entire study



BioPharma
SERVICES INC.
Research. Results. Reliability.

CALL: 416-747-5246

Toll Free: 1-866-747-5246

Mon-Fri: 8am-6pm, Sat-Sun: 10am-6pm

4000 Weston Road, Toronto | www.biopharmaservices.com

TV SABOTAGE**Street artists word bomb walls of Homeland set**

Graffiti artists hired to work on the set of *Homeland* duped the popular series, painting Arabic slogans criticizing the show on walls seen in the background.

In the episode aired in the U.S. Sunday, star Claire Danes can be seen walking by slogans including "Homeland is racist."

Berlin graffiti artist Stone told The Associated Press that he and two friends initially weren't going to take the job, but then decided instead to use it to express their opinions of *Homeland*.

The caper was pulled off so well that even *Homeland* producer Alex Gansa gave the artists his grudging respect. "We wish we'd caught these images before they made it to air," he said. "However, as *Homeland* always strives to be subversive in its own right and a stimulus for conversation, we can't help but admire this act of artistic sabotage." THE ASSOCIATED PRESS

**THE TV DINNER JESSICA ALLEN**

We've been hit by election fever. I'm not talking about the 850,000 Canadians who cast their votes on the first day of advance polls — a 90 per cent increase from 2008's federal election. I'm referring to my couch, where for the last couple of weeks my partner Simon and I watched election-themed movies.

Three of these films, *Wag the Dog*, *Primary Colors* and *Bulworth*, hit theatres in 1998, while the fourth, *The Candidate*, came out in '72. They all reflect their time's dissatisfaction with political culture and how the cam-

If you believe the movies, a political campaign is as bad for a person's diet as it is for their moral character

paing process erodes their values — the '98 trio with dark, sardonic comedy and *The Candidate* with hardly any humour at all.

There is only one singular common denominator, however, that serves this column: the food. It seems that candidates, at least fictional American ones, eat like crap. The travel and grind of campaigning means buckets of chicken, cold pizza, plates of barbecued ribs and Krispy Kreme doughnuts.

I've never seen Simon more devoted to this column than when he argued that we should eat KFC, for "research." I ate it often growing up, not so much the chicken as plates of their French fries covered in gravy and mixed up with their neon green coleslaw; a combination that I think would be my death row meal. Since I feared it wouldn't live up to my grease-tinted nostalgia — and having just survived a gluttonous Thanksgiving weekend — I refused.



But I caved on his request for the Krispy Kremes. We drove to an outpost on Monday night and picked up half a dozen of the classic glazed variety. While he ate five and I ate one, I wondered if, when the cameras weren't rolling, Harper, Trudeau, Mulcair and May have made doughnut pitstops during their federal election campaigning.

I hope they didn't, because it seems as though — if you believe the movies — that a

campaign is as bad for a person's diet as it is for their moral character. Not once did we stumble across a film where an election bolsters a person's character, provides nourishment for the values of the great democracies they seek to serve, or paints anyone as being immune to the corrupting pull of power. "This is the price you pay to lead," John Travolta as Jack Stanton as Bill Clinton, says in *Primary Colors* — the best election

film we watched. "You don't think Lincoln was a whore before he was president? He had to tell his stories and smile his back-country grin. He did that so one day he'd have the opportunity to stand before the nation and appeal to our better nature. That's where the bullshit stops."

On Oct. 19, voters head to the polls and, in true Canadian fashion, we decided to watch American movies about American elections and American politicians — although our federal election has had its fair share of Hollywood-like scandalous moments: The Conservative MP who pulled out of the race after a video surfaced of him peeing into a mug; the Liberal MP who pulled out after old, offensive tweets were dug up; and Alex Johnstone, the NDP candidate — and a school trustee no less — who confessed she'd only just learned what Auschwitz was.

But nothing as salacious as Donald Trump or Ben Carson, whose comments about the Nazis make Johnstone's seem positively enlightened.

God bless Canada.

Jessica Allen is the digital correspondent on CTV's *The Social*.

MACLEAN'S studentlifeXPO

upgrade your future

Meet with Universities,
Colleges, Career Opportunities,
Scholarships and Much More!

OCT 17 & 18

Metro Toronto Convention Centre
South Hall G | 10 am - 5 pm Daily

Avoid paying \$10 at door!
Get your **FREE TICKET** at
StudentLifeExpo.com

You could
WIN \$5,000
Towards Tuition!

Visit website for contest rules and regulations.



"INSTANTLY CEMENTS ITSELF AS THE BEST ROMANTIC COMEDY IN YEARS."

— William Bibbiani, *craveonline*

JASON SUDEIKIS

ALISON BRIE

FROM PRODUCERS WILL FERRELL AND ADAM MCKAY

SLEEPING WITH OTHER PEOPLE

STAYING PLATONIC HAS NEVER BEEN SO HARD.

K

IM

GLOBAL

f / VVSFILMS

t / VVS_FILMS

VVS FILMS

AMANDA PEET

ADAM SCOTT

14+ Coarse Language, Sexual Content

EXCLUSIVE ENGAGEMENT STARTS TODAY

Check Theatre Directory for Showtimes.

CINEPLEX ENTERTAINMENT
SCOTIABANK
299 RICHMOND STREET WEST • 416-368-5600



READY TO PARTY

The longest federal election campaign in Canadian history is finally nearing its close. Celebrate the winners, the losers, the haircuts — and most importantly, the end!

Where every big cheese is a winner

Devon Scoble
For Metro Canada

Politicians come and go, and no matter who wins the top prize on Monday night, they'll likely disappoint us at some point.

But a well-executed cheeseboard (and a good selection of wine and beer to wash it down) always delivers.

Just ask Shawn Rusich, founder and director of Butter Public Relations, a boutique PR firm focused on food, hospitality, and lifestyle clients.

He's spent the last 15 years working with some of the industry's top professionals, including Martha Stewart, Giada de Laurentiis and Mario Batali, and he's shared his tips for hosting a winning election results party.

Follow Rusich's suggestions for a politically inspired cheeseboard that sets a light mood and encourages cheesy humour:



For the Conservatives

"Like any blue cheese, the Conservative Party has become something of an acquired taste in recent years," says Rusich. If you're not a fan, even a little will leave a bad taste in your mouth. The Cons don't support proportional representation, but it's essential for a democratic cheeseboard, so grab a big chunk of **Bleu Bénédictin**. "It's arguably Canada's most famous blue cheese," he says, "and it crumbles as easily as the Conservatives' approval rating!"

Pair it with: A late-harvest **Riesling** or your favourite ice wine.



For the Liberals

"Canada's oldest political party deserves a mature cheese — preferably one with a little sex appeal, like its floppy haired leader," says Rusich. **Bothwell Red Wine Extra Old Cheddar** is a celebratory choice that reflects the Grits' recent gains in the polls.

Pair it with: A bold **Cab Sauv** from Niagara.



For the NDP

Once-upon-a-federal-election, Rusich would have suggested a strong, unique "love-or-hate type of cheese" with an orange rind, like **Oka Classique**. But for Mulcair's NDP, he suggests "a more palatable **Oka Light**" with 30 per cent less fat.

Pair it with: An unoaked **Chardonnay**.



For the Greens

"We can all agree that Elizabeth May has helped the Green Party appear less hippy dippy and more multi-platform than ever thought before," says Rusich. "We can also all agree that it's still a grassroots underdog." **Farm House Heidi** is a Gruyere-like cheese with rich flavour and a pleasantly grassy taste that comes from May's home province, B.C.

Pair it with: A dark and heavy stout, like **Mill Street's Oatmeal Stout**.



For the Bloc Québécois

"**Liberté** is a Canadian Grand Prix of Cheese winner, and a creamy companion to any cheese board," says Rusich. "In fact, it's so good it might be best to separate it from the rest of your election-themed cheeses — to protect its unique and independent identity, of course."

Pair it with: A bubbly, like **Henry of Pelham's Cuvée Catharine Rosé Brut**.



For the undecided

Bummed that your favourite party lost? Sad about our first-past-the-post system? Disappointed in yourself for not casting a ballot at all? Canadian elections leave plenty of room for disappointment, but there is a homegrown (temporary) cure for your electoral woes, and you don't have to wait for the next campaign to try it: whisky. Rusich recommends **Tap 357 Maple Whisky** to soften the political blows.

Pair it with: Bitter tears.

SET THE MOOD

Election night fever

Whether incoming results have you feeling Helpless or make you want to Rant and Roar, Rusich suggests a playlist with the best of Canadiana on repeat. Opt for gentle lighting, "create a relaxing atmosphere," says Rusich, "because nothing gets people more fired up than politics!"

It's fun asking guests to ac-

cessorize with the colours of their preferred party, or to play election prediction games with Oscars-style scorecards says Rusich, but don't push for specifics. "Voting can be very a personal choice for some and they may feel uncomfortable divulging (their) decisions in a room full of people."

DEVON SCOBLE



metrolife
EDITOR'S PICK



DRESS UP FOR THE NONPARTISAN Don't want to wear your political colours on your sleeve? Two moments from the 2015 election stand out as possible party night themes.

In August, a group of Boy Scouts stole the show at a campaign event for Conservative Leader Stephen Harper in Campbell River, B.C. To get the look, pair green, tan or black shirts or slacks with either a striped or a solid red or orange neck scarf.

For those looking to stay more relaxed, there is always the meme-inspiring bathrobe guy, who was spotted in the background of a heated exchange between the head of a private men's club in Toronto and Liberal candidate Chrystia Freeland, also in August. PHOTOS: CANADIAN PRESS AND JESSICA SMITH

ELECTION WHERE TO STAY INFORMED

On television

• Catch election coverage on the major TV networks.

Online

• Follow election night coverage at metronews.ca. On Twitter, The @Canada-land crew will tweet from the Monarch Tavern's Election Night Party in Toronto.

Social media

• Metro will be posting election selfies to our Instagram account, [metronewsca](https://www.instagram.com/metronewsca). And don't forget Sluts Against Harper is a saucy account that promises to send nude selfies to anyone who can prove they've voted. Find them on Instagram at [@votes4nudes](https://www.instagram.com/votes4nudes).
DEVON SCOBLE AND METRO

MUSIC BRIEFS**Divorce him and split the bucks: Jay Z in court**

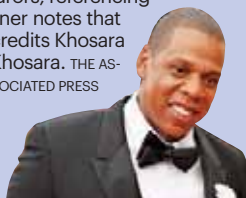
Jay Z told a jury Wednesday that he believes he has a valid license to use Arabic music featured on his 1999 hit *Big Pimpin'* that is now the subject of a copyright infringement trial.

The superstar testified in a federal court, recounting his life, success and the creative process that led him and producer Timbaland to create *Big Pimpin'*.

Jay Z and Timbaland are being sued by an heir of Baligh Hamdi, an Egyptian composer who created the 1957 hit *Khosara Khosara* that has elements featured in the rapper's hit.

The rapper used a CD — introduced into evidence by a lawyer for Hamdi's family — to illustrate his point.

"We have the rights as you can see on the bottom of the CD," Carter told jurors, referencing liner notes that credits *Khosara Khosara*. THE ASSOCIATED PRESS



Babymetal is just the tip of the idol iceberg

IDOL BANDS

Girls dress as condiments and perform as Hamburgirl Z

Alan Cross
For Metro Canada



"Have you ever been to Japan?" The former Canadian embassy worker and I were talking at a music industry event. "It's as close as you can get to Mars without leaving the planet." He meant no insult; he was just trying to convey how different Westerners find life in cities like Tokyo and Osaka. He paused. "And don't get me started on idol bands."

Ah, the idol. This is a peculiar Japanese construct with no analogue in this part of the world. Think of it as a media personality — often but not exclusively a musical group — who is marketed for their cuteness, youth, sweetness, innocence and/or cool-

ness. Idol groups are like manufactured boy or girl bands but created at an industrial level by talent agencies, promoters and even corporations.

It's not what anyone would call "serious" music, but the idol industry is seriously popular and an extremely profitable part of Japanese music culture.

For example, there's Morning Musume, who have been around forever and hold the record for the most consecutive Top 10 singles for a Japanese artist with 10.

AKB48 is the biggest idol group with at least 140 members (no, that's not a typo) and domestic sales far north of \$200 million.

Then there's Babymetal which features three moppets singing and dancing in front of a fierce death metal band. Once you get over the shock of the cute pop vocals vs. metal guitars juxtaposition, it's impossible to look away.

Even more extreme is Ladybaby (more J-pop than idol, but still) featuring Ladybeard, a metal-singing, cross-dressing ex-professional wrestler from Australia bookended by two adorable schoolgirls. The effect is like

a concussion grenade.

My latest discovery is The West Japan Hamburgirl Z, a 15-member girl group who sing songs and dance dances inspired solely by a love of hamburgers.

When they perform live, each member has a different burger ingredient on her head, ranging from the expected (a beef patty, which is Riinya's thing, making her the front person, I guess) to the very Japanese (eggplant, Awajishima fish). And before you ask, Hamburgirl Z does have a bacon specialist: Tsuumin, who says her favourite word is "Thank you."

As is the custom with idol bands, each member is also given a specific identity to help us tell them apart. Riinya for example, is partial to horse sashimi. Her motto is "If you believe, anyone can be Cinderella."

Trust me: Whatever NASA discovers on Mars the Japanese idol industry will have it beat.

For more from Alan, go to AJournalofMusicalThings.com or follow him on Twitter at @alancross.



Members of Japan's idol group Babymetal, (from left to right) Moameta, Su-Metal and Yuimetal, perform pop lyrics and dance in front of a death metal band. TORU YAMANAKA/GETTY IMAGES

THIS WEEK'S TOP CRUISE DEALS



MSC
CROCIERE

Up to \$600 Onboard Credit

Exclusive

UP TO AN ADDITIONAL
\$200 ONBOARD CREDIT
WHEN BOOKED WITH **ITRavel2000**

NCL NORWEGIAN
CRUISE LINE

Freestyle Choice

FREE BEVERAGE PACKAGE,
GRATUITIES, AND MORE

Celebrity X Cruises

SELECT YOUR FREE PERK

Up to \$300 Onboard Credit

Royal Caribbean INTERNATIONAL

30% OFF EVERY SHIP EVERY SAILING*

*EXCLUDING CHINA DEPARTURES

Carnival

Up to \$200 Onboard Credit

itravel2000.com

1.855.297.4400



Your Trusted Source for Travel



Customers rate
itravel2000
★★★★★

95% Powered by
feelo

Bookings must be made by calling into one of our cruise experts. Some offers not valid for online reservations. Booking window is October 1st, 2015 - 11:59pm October 31st. Based on double occupancy, taxes, surcharges and mandatory fees do not include insurance and other travel related expenses. Pricing and Availability is subject to change at time of booking. 8635919 Canada Inc. (dba as itravel2000) is a TICO licensed company. TICO #50021097. 1004 Middlegate Road, Suite 3000, Mississauga, ON, L4Y 1M4.

Road-tripping up the beach

OUTER BANKS

Fall the perfect time to visit this giant sandbar in the sea

Wawn Himmelsbach
For Metro Canada

There's really no bad time to visit the Outer Banks in North Carolina, but the shoulder seasons offer summer-like temperatures (at least from a Canadian perspective) without all the summer crowds.

One of the best ways to experience this giant sandbar in the Atlantic Ocean is road-tripping "up the beach," stopping along the way to hike, bike, kayak, surf or hang-glide.

The Outer Banks is a chain of barrier islands linked by coastal highway NC12, home to some of the largest tracts of undeveloped beaches in the country. That means no hotels, resorts, restaurants, shops or hawkers lining the beach — just sand and sea.

The four islands, collectively known as OBX, are home to half a dozen national and state parks, with six towns and 12 coastal villages to explore. On the eastern side, you'll find sand dunes and the pounding surf of the Atlantic Ocean — perfect for surfing. On the west side, you'll find the Sounds, with calmer water ideal for sea kayaking and windsurfing.

Getting there

Fly into Raleigh and rent a car (make arrangements to drop off



An aerial view of the beach at Ocracoke in North Carolina. The Outer Banks is an ideal fall destination for outdoors activities such as kiteboarding and hang gliding. VISIT N.C.

the car at the airport in Norfolk, Va., if you don't want to back-track). It's a two-hour drive from the airport to Little Washington, one of America's coolest small towns and worth a stop for the night; it's another two hours to the Swan Quarter ferry (book a spot in advance), which will drop you off in Ocracoke at the southern tip of the Outer Banks.

Ocracoke

Ocracoke Island offers a 16-mile-long stretch of beach along the Atlantic Ocean — all part of the Cape Hatteras National Seashore. It's perfect for water sports; take surf lessons with Ride the Wind (which also offers paddleboard yoga). Or head over to the Sounds

for sea kayaking (Ride the Wind Kayak Trips offers guided full moon tours). In town, hike or bike out to Springer's Point through centuries-old oak trees dripping with moss, to the beach where the infamous pirate Blackbeard was beheaded in a bloody battle.

The village of Ocracoke has a laid-back, island vibe, and locals are proud of the fact there are no chains here; all the shops and restaurants are locally owned. Explore this quirky town on foot or by bike, and stay in a restored island cottage or cozy B&B (like The Cove, which offers beach chairs and bikes). You can also camp outside of town; the Ocracoke Campground is located

+ WELCOME

After this month's historic rains, neighbouring South Carolina is mounting media campaigns to let visitors know tourist destinations are open, as are the roads leading to the coast.

THE ASSOCIATED PRESS

beside the dunes, across the road from the Hammock Hills Nature Trail.

Hatteras

Drive up the beach until you reach the northern tip of the island, where you'll catch the

ferry to Hatteras Island (it's free, and takes about an hour). The further north you drive, the more developed it gets. But, like Ocracoke, there's an array of outdoor adventure companies here offering everything from windsurfing to surf fishing.

Work those glutes by climbing the striped Cape Hatteras Lighthouse — the tallest beacon in North America at 210 feet — at night, under a full moon. Or go on a trail ride through maritime forest and along the seashore

with Equine Adventures.

Rest up at the Inn on Pamlico Sound, a European-style boutique hotel with coastal charm, which offers sweeping views of the Pamlico Sound. Head down to the dock and learn to kiteboard, wakeboard, windsurf or stand-up paddleboard. If you're experienced, you're welcome to bring your own equipment and use on-site storage.

Kitty Hawk and Duck

As you drive up the beach, stop along the way for a swim or explore a nature trail. Once you reach Kitty Hawk, take a hang-gliding lesson — after all, the wind and sand brought Wilbur and Orville Wright here, where they achieved the first successful airplane flight in 1903 (there's a Wright Brothers National Memorial along NC12).

Take a lesson with Kitty Hawk Kites in Jockey's Ridge State Park, where you'll hang-glide down the face of the tallest sand dunes on the East Coast. There's also kite flying, hiking and picnic facilities in this 426-acre park.

Treat yourself to a stay at the Sanderling Resort in Duck, with views of both the Atlantic Ocean and Currituck Sound — which means you can watch the sunrise and sunset over water. With touches like a tranquility pool and evening s'more bonfires, and serving up coastal cuisine in a former life-saving station, it's a great way to wrap up your road trip in style (and rest your aching muscles).

From here, it's a two-hour drive to Norfolk, where you'll leave the crashing waves behind for ... traffic, crowds and concrete.



QUICK GETAWAYS TO VARADERO FOR 4 NIGHTS

Varadero	Varadero	Varadero
Bellevue Palma Real ★★★★★ November 8 • 7 nights • All Inclusive 	Roc Arenas Doradas ★★★★★ November 8 • 4 nights • All Inclusive 	Brisas del Caribe ★★★★★ November 8 • 4 nights • All Inclusive 
\$268 SAVE \$350 +\$210 TAXES & FEES	\$338 SAVE \$350 +\$210 TAXES & FEES	\$378 SAVE \$350 +\$210 TAXES & FEES

Hola Sun

The Cuba Specialist



INCLUDES Free "tours" exclusive for Hola Sun passengers when booking a package to Varadero, Cayo Coco, Holguin, Havana, Santiago de Cuba or Camaguey.

itravel2000.com

1.866.WOW.DEAL
CALL IN FOR ADDITIONAL SAVINGS

20 YEARS
Your Trusted Source for Travel

Flight Hotel Vacations Cruise

BEST PRICE GUARANTEED! BEST PRICE

Prices are in CAD, per person, based on double occupancy and subject to change without notice. Space is subject to availability at time of booking. Rates based on lowest room category offered. All departures are from Toronto on Cubana Airlines or Air Transat and taxes of \$210 must be added to the published rates. All ebb's mentioned will reflect in the published rate. Refer to our 2015/2016 brochure for full terms and conditions. Hola Sun Holidays • 146 West Beaver Creek Rd., Unit 8, Richmond Hill, L4B 1C2. Ont. Reg. 4062527.

TRAVEL NOTES ICY TRAILS, TRENDING WHIMS AND HOLY SITES

Extreme cycling

Toronto-based TDA Global Cycling just announced the world's first cycle tour in Antarctica. Guests fly from Argentina over the Drake Passage, then to the last degree of latitude to start a seven-day, fat-bike ride to the South Pole. Training camp starts this February at Lake Winnipeg. The cost? A drop in the bucket, at \$90,000+. Visit TDAGlobalCycling.com.



Conquer Antarctica ice sheets on a bike. TIM STEWART

Planning trend

How last-minutey are you? Quite a lot, according to a recent travel trend report that stated more than a third of travellers these days book not just short hops but full holidays up to only three days in advance. This trend has been linked to how easy it is to book flights and hotels on your phone and tablet. Sorry, planners. You're just not spontaneous enough.



Last-minute travel gains ground. KATE SERBIN

Bucket list: Bethlehem

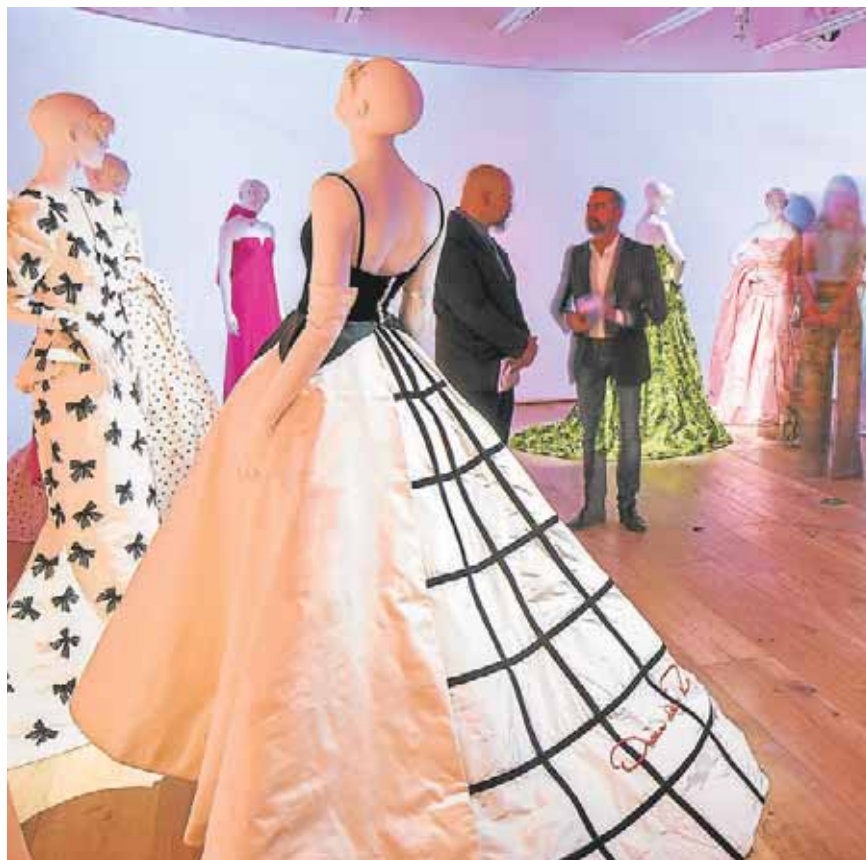
Pushed and pulled, destroyed and rebuilt, this Palestinian city of 25,000 in the West Bank is visited by two million people each year. Fill your days with visits to Christian, Muslim and Jewish holy sites, plus monasteries, museums and markets. Fall or spring is the best time to go, when the heat isn't stifling and crowds are thin. Visit travelpalestine.ps.

DOUG WALLACE



Make the pilgrimage to Bethlehem. CONTRIBUTED

Dresses that impress on display in ATL



Sarah Jessica Parker wore this Oscar de la Renta black-and-white gown with a criss-cross design on the back to the 2014 Met Gala. SCAD VIA THE ASSOCIATED PRESS

NEW EXHIBITION

Fashion museum opens with Oscar de la Renta tribute

A new museum focusing on international fashion has opened in Atlanta.

The first exhibition at SCAD FASH features more than 80 Oscar de la Renta designs and opened to the public this month on the Atlanta campus of the Savannah College of Art and Design. The pieces come from the school's permanent collection and donations from collectors and celebrities who worked with de la Renta before his death in 2014.

De la Renta was a frequent donor to SCAD's collections and the natural choice for the opening, said Laurie Ann Farrell, executive director of museums and exhibitions and curator of the showing. She hopes visitors whether casual observer or devoted student will learn something about design.

"Everybody selects their clothes as one way of signifying their identity," Farrell said. "Even if somebody doesn't consider themselves a fashion aficionado, I think they can come in and be inspired by what different design-

ers have done through the years."

The pieces on display in Atlanta until Dec. 31 cover decades of work, from a 1965 black cashmere dress with a white satin collar and waist bow to a silk colour-block gown designed by creative director Peter Copping for fall 2015 and worn at the Emmy awards by actress Maggie Gyllenhaal.

Student-docents hold iPads with information about each garment as they guide visitors through the 10,000-square-foot space, winding through curved galleries and small rooms featuring a source of inspiration for the designer. A white, mirrored room contains romantic wedding gowns and a silk-patterned dress inspired by Marie Antoinette while a nearby platform holds a gathering of black and red flamenco-inspired garments with dramatic ruffles and other flourishes.

De la Renta's technique and influence is the exhibition's focus, but the people once inside the garments add to each item's appeal for visitors.

An embroidered silk gown worn by Taylor Swift at the 2014 Met Gala stands next to the entry-

way. A black and white gown worn by Sarah Jessica Parker at the same event features a large version of de la Renta's signature embroidered in red near the bottom of the skirt's cross-hatched train.

A red silk dress covered in delicate ruffles that Beyoncé wore in a Vogue magazine photo spread stands alone on a pedestal, surrounded by curved black plastic adding drama for Instagram photos.

Future exhibitions still are being planned, but SCAD officials said they want to provide a link between fashion and film. Both are key areas of study for students in Atlanta and at the main Savannah campus.

The museum gallery opens up to a film salon holding cushioned ottomans and sofas facing a 90-inch screen surrounded by backlit bookshelves. SCAD also plans to hold showings and lectures either connected or not to the clothing exhibits.

"Designers are artists," Farrell said. "As a visual experience alone, I think people can walk away with a deeper understanding of how a house evolves over time but maintains that classic elegance." THE ASSOCIATED PRESS

80

The exhibition shows more than 80 designs by de la Renta, including gowns worn by Taylor Swift, Laura Bush and Oprah.

Year of Festivals 2015
Endless Celebrations

BEST of MALAYSIA & SINGAPORE

10 days from \$1,515 land only

COMPASS Holidays

Visit CompassHolidays.net or call 1-800-305-7638

indus MEXICO
LIVE IT TO BELIEVE IT

This winter Discover MEXICO's colonial cities - alive with culture - bustling markets, Baroque cathedrals, authentic restaurants and archaeological museums.

COLONIAL TREASURES OF MEXICO
Mexico City | Queretaro | San Miguel de Allende | Guanajuato | Zacatecas | Guadalajara | Morelia
Includes: Superior accommodation, sightseeing, local guides & deluxe transportation, airport transfers, daily breakfast | 10 DAYS CAD 1885 CAD 1785

MAGICAL MEXICO
Mexico City | Puebla | Oaxaca | San Cristobal Palenque | Campeche | Merida
Includes: Superior accommodation, sightseeing, local guides & deluxe transportation, airport transfers, daily breakfast | 12 DAYS CAD 2395 CAD 2295

COPPER CANYON
Chihuahua | Creel | Barrancas | Bahuchivo | Los Mochis
Includes: Travel on board Chihuahua al Pacifico train (CHEPE), Superior accommodation, Daily breakfast, 2 Lunches, 2 Dinners, English speaking guides. | 6 DAYS CAD 1495 CAD 1395 from per person

Indus Travels • Toll Free: 1 866 978 2997 Email: mail@indus.travel • Web: www.indus.travel
Mention this ad and get \$100/pp off

Want a \$25 gift card for your opinion?

Join our Online Reader Panel by **texting 'metro'** to 647.559.5090 for a chance to WIN!

metro



The Sunwing Selection resorts are available exclusively in Canada through Sunwing Vacations. They were hand selected for their popularity and value by our experienced buyers. When you pick a Sunwing Selection resort, you're getting an unbeatable vacation deal and preferred treatment from one of our top partner resorts.

Exclusive Sunwing Extras

Thanks to our customers, Sunwing is the largest partner for several popular resorts in the Caribbean and Mexico and we're rewarding you with exclusive extras. Look for the symbol to find out what perks you can enjoy when you book your vacation with Sunwing.



Smile for families

Kids 2-12 always stay free and teens and single parents receive great deals too. Plus beach towels in your room for arrival, a litre of bottled water in your mini-fridge daily, and more!



Relax for adults

Spa discounts, welcome gifts, unlimited à la carte dining, and more! Get more time to relax with express check-in and late check-out privileges* (subject to availability)



SplashWorld

Free access to enjoy some of the Caribbean's largest and best water parks for kids of all ages, exclusively with Sunwing.



Extras

Sunwing has negotiated exclusive Extras for our customers only. Whether it's access to attractions and events, gifts, or upgraded services and amenities – we've got you covered!

Champagne Vacations

up to **40%** off

Deals are going fast!

Get into #SunwingMode

TORONTO DEPARTURES • ONE WEEK • ALL INCLUSIVE

Club Amigo Marea Del Portillo ★★★
Manzanillo de Cuba, Cuba
Cabana • Nov 11 & 18

✓ **\$195**
+ \$380 taxes

Memories Varadero Beach Resort ★★★
Varadero, Cuba
Sunrise Gardenview Balcony Room • Nov 04, 11, 18 & 25

✓ **\$425**
+ \$380 taxes

Memories Grand Bahama Beach & Casino Resort ★★★PLUS
Grand Bahama, The Bahamas
Deluxe Island Room • Nov 14, 21 & 28

✓ **\$875**
+ \$415 taxes

Club Amigo Carisol Los Corales ★★★
Santiago de Cuba, Cuba
SuperSaver Room • Dec 09 & 16

✓ **\$245**
+ \$380 taxes

Posada Real Los Cabos ★★★
Los Cabos, Mexico
Gardenview Room • Nov 01, 08, 15 & 22

✓ **\$495**
+ \$422 taxes

Fantasy Island Beach Resort Dive Marina ★★★
Roatan
Oceanview Promo Room • Nov 30, Dec 07 & 14

✓ **\$895**
+ \$335 taxes

Gran Club Santa Lucia ★★★
Santa Lucia, Cuba
Junior Suite • Nov 11, Dec 02 & 09

✓ **\$295**
+ \$380 taxes

Memories Splash Punta Cana ★★★PLUS
Punta Cana, D.R.
Deluxe Room • Nov 04, 11, 18 & 25

✓ **\$495**
+ \$455 taxes

Villas Sol Hotel & Beach Resort ★★★
Liberia, Costa Rica
Deluxe Oceanview Room • Nov 09 & 16

✓ **\$895**
+ \$355 taxes

Memories Caribe Beach Resort ★★★
Cayo Coco, Cuba
Superior Terrace Room • Nov 10, 17, 24, Dec 01 & 08

✓ **\$355**
+ \$380 taxes

Oceano Palace ★★★
Mazatlán, Mexico
Hotel Room • Dec 01, 08 & 15

✓ **\$495**
+ \$422 taxes

Barceló Huatulco Beach ★★★PLUS
Huatulco, Mexico
Deluxe Room - Newly Renovated Rooms
Nov 17, Dec 01 & 08

✓ **\$895**
+ \$422 taxes

Memories Holguin Beach Resort ★★★PLUS
Holguin, Cuba
Hotel Room • Nov 06, 27 & Dec 04

✓ **\$375**
+ \$380 taxes

Canto Del Sol Plaza Vallarta ★★★
Puerto Vallarta, Mexico
Hotel Room • Nov 06, 09, 13, 16, 20 & 23

✓ **\$595**
+ \$422 taxes

CHIC Punta Cana ★★★
Punta Cana, D.R.
Luxury Room • Nov 07, 14, 21 & 28

✓ **\$965**
+ \$455 taxes

Comfort Suites Paradise Island ★★★
Nassau, The Bahamas (Breakfast Plan)
SuperSaver Room • Nov 01, 08, 15 & 29 - 4 Nights

✓ **\$395**
+ \$415 taxes

Sheraton Bijao Beach Resort Panama ★★★PLUS
Panama
SunDeal Promo Room • Nov 06, 13 & 20

✓ **\$665**
+ \$338 taxes

Sunscape Curaçao Resort Spa & Casino ★★★
Deal of the Day Room • Dec 13

✓ **\$1045**
+ \$405 taxes

Starfish Cayo Santa Maria ★★★
Cayo Santa Maria, Cuba
Junior Suite • Nov 03, 05, 10 & 12

✓ **\$395**
+ \$380 taxes

Royalton Riviera Cancun Resort & Spa ★★★
Riviera Maya, Mexico
Luxury Junior Suite • Nov 03, 10 & 17

✓ **\$745**
+ \$422 taxes

Sonesta Maho Beach Resort & Casino ★★★
St. Maarten
Partial Pool Oceanview Room • Dec 06, 10 & 13

✓ **\$1135**
+ \$405 taxes

VH Gran Ventana Beach Resort ★★★
Puerto Plata, D.R.
Superior Room • Nov 03, 10, 17, 24 & Dec 01

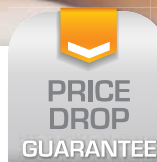
✓ **\$395**
+ \$455 taxes

Grand Palladium Lady Hamilton Resort & Spa ★★★PLUS
Montego Bay, Jamaica
Junior Suite • Nov 05, 19, 27, Dec 06 & 10

✓ **\$855**
+ \$465 taxes

Holiday Inn Resort Aruba ★★★
Aruba
Superior Room • Dec 06 & 07

✓ **\$1395**
+ \$405 taxes



LAST CHANCE!
BOOK BY OCT 28, 2015

FOR DEPARTURES
DEC 19/15 TO APR 30/16

Gran Festival Resort ★★★
Manzanillo, Mexico
1 Bedroom Villa • Jan 08, 15 & 22

✓ **\$565**
+ \$422 taxes

Crowne Plaza Acapulco ★★★
Acapulco, Mexico
Hotel Room • Jan 06, 13 & 20

✓ **\$585**
+ \$422 taxes

Be Live Experience Hamaca Beach ★★★
Santo Domingo via La Romana, D.R.
Hotel Room Gardenview • Jan 01, 08, 15 & 22

✓ **\$595**
+ \$455 taxes

Palma Real Beach Resort & Villas ★★★
La Ceiba
Mountainview Palma Room No Balcony • Jan 04, 11 & 18

✓ **\$665**
+ \$335 taxes

Be Live Collection Canoa ★★★
La Romana, D.R.
Hotel Room • Jan 01, 08 & 15

✓ **\$695**
+ \$455 taxes

Azul Ixtapa Resort ★★★
Ixtapa-Zihuatanejo, Mexico
Deluxe Oceanview Room • Jan 07, 14 & 21

✓ **\$795**
+ \$422 taxes

Grand Sunset Princess All Suites Resort & Spa ★★★
Riviera Maya, Mexico
SunDeal Promo Room • Jan 07, 14 & 21

✓ **\$995**
+ \$422 taxes

KARISMA
HOTELS & RESORTS

Sensatori Azul Riviera Cancun ★★★
Riviera Maya, Mexico

Luxury Jacuzzi
Oceanview Suite
Nov 06, 13 & 20

✓ **\$995**
+ \$422 taxes

Selloff
vacations.com

1-866-506-4095
Lowest Price Guaranteed!

Toronto departures. Limited time offer applicable to new bookings. Savings of 40% apply to the brochure rate for Club Amigo Marea Del Portillo in Manzanillo de Cuba, Cuba for departures Nov 11 & 18, 2015. All prices are per person based on double occupancy for 4 or 7 nights on all inclusive vacations (unless otherwise specified). Seats at the above prices are limited and capacity controlled. All transportation taxes and related fees must be pre-paid. Applicable local taxes payable in destination are extra (Panama \$1505, Costa Rica \$2905, DR \$3005, Roatan \$4005, La Ceiba \$38 US). Price Drop Guarantee is a limited time offer applicable for new bookings from Aug 26 to Oct 28, 2015, for departures Dec 19/15 to Apr 30/16. The offer is subject to change or be withdrawn without prior notice. For vacation package and cruise package bookings only. Not applicable to group, cruise only, hotel only and air only bookings. For full terms and conditions on 'Price Drop Guarantee' visit Sunwing.ca. You must register within 7 days after booking your vacation in order to be part of the 'Price Drop Guarantee' program. Deposit of \$100 per person is payable at the time of booking. Flights are with Sunwing Airlines or Travel Service. In-flight service varies by flight time and destination. For full terms and conditions, refer to the Sunwing Vacations 2015/16 brochure. 27 Fasken Drive Toronto, On Ont. Reg 2476582 | 10152015



Hotels sure to pique any appetite

ON THE MOVE

Semi-private dining, diverse cultural dishes to be found

Loren Christie
For Metro Canada



Travellers in search of great culinary destinations have to look no further than where they lay their head. Hotels across the country are ready to give you not only a great sleep but to tantalize your taste buds.

Intimate dining

Toronto's Westin Harbour Castle is home to celebrity chef Corbin Tomaszewski. The host of popular Food Network shows *Dinner Party Wars*, *Restaurant Makeover* and *Restaurant Takeover*, Chef Corbin has made this waterfront hotel the place to stay for foodies.

Not only has he added his unique flair to the restaurants' wellness-inspired menus, but the chef has also carved out a section of the busy kitchen



Savoury at the Westin Harbour Castle in Toronto is a 10-person restaurant adjacent to the busy kitchen. CONTRIBUTED

for Savoury, a secluded, one-of-a-kind 10-person restaurant. The semi-private location offers small groups of diners a five-course meal in an intimate and VIP setting. Dinner can be booked with one of the hotel's chefs or booked with Chef

Corbin himself to discuss the preparation methods, cooking techniques, as well as the origins of the dishes. Wine pairings are also available.

Hip hangout

Located in the heart of down-

town Calgary, Hotel Arts is a full-service 185-room designer boutique-style hotel that opened its doors 10 years ago.

The vibe is hip and totally sexy — the kind of place where you walk in and realize you are staying with all the fun good-

looking people.

However, the real gems of the hotel are the trend-setting restaurants, which have seen local superstars like chefs Duncan Ly and Karine Moulin pass through their pantries. Together with current executive chef Jan

Hansen, they have elevated this hotel to a foodie paradise.

My breakfast at the Yellow Door Bistro included Yellow Door Hash made with duck confit, soft poached eggs, roasted peppers, potatoes and Dijon sabayon. A rotation of incredible daily dishes ensures no buffet fatigue; the strawberry mint pancakes were to die for.

Locally influenced

Montreal's Hotel Le Crystal is a five-star all-suite hotel on Rue de la Montagne, two blocks from the Bell Centre and a pleasant walk to shopping on Rue Ste. Catherine.

A quick look at the menu of the hotel's La Coupole restaurant and you notice something different: from sturgeon and deer pancetta to arctic char and red elk. Using only products from local farmers and artisans the dishes reflect the old-fashioned cooking of the families who built Quebec, First Nations' traditional dishes and a dash of the immigrant cultures that shaped the province's culinary heritage. I had the crème brûlée with maple duck foie gras and the pork cheek confit. D-e-l-i-c-i-o-u-s.

**TAKE A
SECOND
LOOK**

Everything needs updating. Even insurance.

Take a Second Look at your Travel Insurance with ScotiaLife Financial. We'll help you understand what you've got, what you really need and where you can save, no matter who your insurance provider is. Call us today at 1-877-421-0157.

scotielifinancial.com

ScotiLife Financial®
Surprisingly Simple Insurance

5

STORYLINES AT THE ALCS

The Toronto Blue Jays will play the Kansas City Royals in the American League Championship Series starting Friday. Here are five intriguing stories heading into the best-of-seven series:

THE CANADIAN PRESS



Jose Bautista acknowledges the Rogers Centre crowd after his ALDS Game 5 homer. NATHAN DENNETTE/THE CANADIAN PRESS

1 Bad blood

Tensions ran high in a game at Rogers Centre in August. Royals pitcher Edinson Volquez hit Josh Donaldson with a pitch in the first inning, prompting home plate umpire Jim Wolf to issue warnings to both clubs. Volquez threw a change-up high and in on Donaldson in his next at-bat, then plunked Toronto shortstop Troy Tulowitzki but remained in the game. In the eighth, Toronto reliever Aaron Sanchez was ejected for hitting Kansas City's Alcides Escobar with a pitch. Benches cleared.

2 Is the Price right?

Toronto manager John Gibbons shocked Blue Jays fans when he used David Price out of the bullpen to relieve R.A. Dickey with a six-run lead in Game 4 of the ALDS. The left-handed ace threw 50 pitches.

3 Familiar faces

Gibbons was fired from his first stint as Toronto manager during the 2008 season. He took a job as Kansas City's bench coach that off-season, working with the team until 2011. Gibbons has experience with the Royals core group, including position players Alex Gordon, Eric Hosmer, Jarrod Dyson, Alcides Escobar, Mike Moustakas and Salvador Perez.



George Bell vs. Royals in 1985. THE CANADIAN PRESS/AP/CLIFF SCHIAPPA

4 We've seen this one before

The 2015 ALCS will be a rematch of the 1985 version, which saw Kansas City beat the Blue Jays in seven games. Toronto led the series 3-1 before the Royals clawed back to win the next three games and advance to the World Series, which the Royals ultimately won over St. Louis. Kansas City hasn't been able to win MLB's championship trophy since then, and has only been back to the final once - last season. Toronto hasn't won the World Series since 1993, its last appearance in the final. The Blue Jays had home-field advantage during the 1985 ALCS, with the seventh game played at Exhibition Stadium. Kansas City, which finished the 2015 regular season with the best record in the American League, will have home field this time around.

5 No one wants it more

Before this post-season began, the position player with the most games played without a playoff appearance was Royals outfielder (and former Blue Jay) Alex Rios with 1,691. Toronto's Jose Bautista was second (1,403) while Blue Jays slugger Edwin Encarnacion was third (1,353). All three players, aged 34, 32, and 32 respectively, have waited more than a decade for their chance at post-season ball. Rios is batting .286 with a couple RBIs through five games, Bautista has hit two homers and driven in five runs, and Encarnacion has a .333 average with three RBIs.

Leafs hide in shadows

SPORTS FANDOM

Ball club's success means interest low in hockey team

The Maple Leafs are winless in their first three games, and few sports fans in Toronto seem to notice.

There's lower expectations on the rebuilding Leafs, but the Blue Jays' playoff success has overshadowed the start of the hockey season at the perfect time for coach Mike Babcock's team.

"You just slide around town and no one even knows you're alive," Babcock said.

The Leafs are going about their jobs in relative anonymity while Toronto and the rest of Canada bask in the glow of the Blue Jays' first post-season appearance since 1993. The Leafs' players are fans themselves, and about a dozen went to the

decisive Game 5 of the American League Division Series on Wednesday when the Blue Jays beat the Texas Rangers 6-3 in a roller-coaster thriller.

Winger Joffrey Lupul, who played for the Philadelphia Flyers when the Phillies won the World Series in 2008, called Wednesday's game maybe the best sporting event he has ever attended. Friends from the U.S. texted him to ask about the crazy atmosphere inside Rogers Centre. Leafs players got caught up in it.

"Just to attend was insane," defenceman Morgan Rielly said. "I think that's the only time that, me personally, I've ever jumped around and hugged other fans and stuff like that."

Sitting in the first row of the second deck in left field, centres Nazem Kadri and Nick Spaling were a few feet away from catching the ball Jose Bautista hit for a three-run home run in the memorable seventh inning. THE CANADIAN PRESS

JAYS THROW CURVE AT ELECTION

The federal election is dealing with a late curveball hurled by the red-hot Toronto Blue Jays.

Blue Jays fans in the vote-rich 905 and 416 regions — studded with ridings that could help determine who becomes Canada's next prime minister — are certain

to tune into the Jays game on Monday night while possibly tuning out the election.

The first pitch in the third game of the Jays' AL showdown against the Kansas City Royals is scheduled for 8 p.m. ET on Monday, 90 minutes before the polls close. THE CANADIAN PRESS

MLB

Estrada takes hill

The Kansas City Royals are sending Blue Jays antagonist Edinson Volquez to the mound for Game 1 of their AL Championship Series, while Toronto is countering with Marco Estrada.

The opening game is Friday night at Kauffman Stadium in Kansas City.

It was Volquez whose inside pitch-

ing drew the ire of the Blue Jays in early August, eventually leading to a pair of bench-clearing incidents during their game at Rogers Centre.

After the game, he called Blue Jays star Josh Donaldson "a little baby" for complaining about his pitching.

The Royals will start Yordano Ventura in Game 2 on Saturday. The Blue Jays will put David Price on the mound in Game

2. THE CANADIAN PRESS



Malkin ends barren run to sinks Senators

NHL

Penguins blank Ottawa as Fleury stops 22 shots

Evgeni Malkin scored his first goal in nearly seven months and Marc-Andre Fleury stopped 22 shots for his 39th career shutout as the Pittsburgh Penguins beat the Ottawa Senators 2-0 on Thursday night.

Rookie Daniel Sprong picked up the first goal of his career for Pittsburgh, which won for the first time this season.

Craig Anderson made 34 saves for Ottawa but the Senators failed to muster significant momentum a night after dropping seven goals on Columbus. Ottawa went 0 for 3 on the power play and rarely tested Fleury over the final



Pittsburgh's Patric Hornqvist, left, looks for a rebound on a shot by David Perron. GENE J. PUSKAR/THE ASSOCIATED PRESS

THURSDAY in Pittsburgh

2 PENGUINS
0 SENATORS

two periods as the Senators lost on the road for the first time in four tries.

The Penguins came in scuffling after the franchise's worst start in a decade, managing all of three goals during an 0-3 stretch that left their stars frustrated and head coach Mike Johnston imploring them — again — to shoot the puck more often. The goal was Malkin's first since March 6.

RESULTS

Capitals 4, Blackhawks 1
Islanders 4, Predators 3
Panthers 3, Sabres 2
Stars 5, Lightning 3
Canadiens 3, Rangers 0

He went scoreless during Pittsburgh's five-game loss to the New York Rangers in the opening round of the playoffs.

The Penguins' lead doubled just over two minutes later when Sprong showcased why his tryout period with the team might turn into something more permanent.

The 18-year-old second-round pick surprisingly made the club out of training thanks to his relentlessly energetic play and his first NHL goal showcased a shot that would seem to be a waste if he's returned to the junior ranks.

THE ASSOCIATED PRESS

CURLING

An unprecedented leap in sweeping technology threatens to dramatically change the sport of curling.

While they wait for their sport's governing bodies to catch up and impose new rules, some of the world's top curling teams say they won't use broomheads that can actually slow down, and change the direction of, a rock in motion.

It's an awkward position to take for the teams who

are sponsored by the very manufacturers who make the controversial brushes.

But Olympic gold medalists Brad Jacobs is among 22 domestic and international teams who signed a statement stating they will not sweep with brooms. "Where do you draw the line?" Jacobs asked. "We've decided as a group of players to draw the line right now. It's about the integrity of the game."

THE CANADIAN PRESS

ONE-DAY EVENT
BICYCLE FALL
BLOWOUT

BEST DEALS
YEAR-END CLEAROUT
SATURDAY
OCT. 17, 2015
10 am - 5 pm
Enercare Centre, East Annex, Hall F,
Door 33, Exhibition Place, Toronto

SALE
ADMISSION \$5
PEDAL

metro Service Directory

To advertise contact Ian March at 416-443-4388

PSYCHIC

INDIAN SPIRITUAL ASTROLOGER & PSYCHIC
Pandit: SAI SHANKAR I am Born to Serve People
INDIAN TRIBAL & EXPERT ASTROLOGER

He can Handle any Problem:
Depression, Family, Husband-Wife
Love, Kids, Jealousy, Health,
Sexual, Money, Court, Enemy etc

REMOVES BLACK MAGIC, JADOO, VODOO, OBEYA,
JINN, EVIL SPIRITS & GIVES 100% PROTECTION
HOROSCOPE, PALM & FACE READING 100%
KNOW YOUR PAST, PRESENT, FUTURE, GUARANTEE

Call for FREE CONSULTATION
2651 Islington Ave Toronto M9V 2X6
Next to Indian Bazar, Upstairs Bengali
Sweets (ALBION & ISLINGTON)
647-400-3459

World Famous Astrologer & Psychic
PANDIT: YESHWANT

100% GUARANTEE
EVERY PROBLEM HAS A SOLUTION. MEET ME ONCE
Overpowers Impossible Problems

HEALTH * JOB * MONEY FAMILY PROBLEM * JEALOUSY
LOVE * MARRIAGE * DIVORCE * ENEMY * EDUCATION
SEXUAL * COURT * CHILDREN MISTAKE * BUSINESS ETC

An Expert Spiritualist treats Black Magic, Witchcraft,
Jaadu, Obeau and gives 100% Immediate Protection

416-473-7097
#30 - 2309 LAWRENCE AVE. E.,
SCARBOROUGH, ON M1P 2R2, OPPOSITE
DOLLARAMA, (KENNEDY & LAWRENCE)

Durga Mata Astrologer
Pandit: SRI DURGA PRASAD

Private & Confidential
YOU HAVE BEEN DISAPPOINTED BY MANY ASTROLOGERS,
SO MEET ME & GET RIGHT SOLUTIONS AT RIGHT TIME

We Rectify your Problems, Explain your
Reasons & Gives you Right Solution
Expert in Removing Black Magic, Jadoo,
Voodoo & Provides 100% Lifelong Protection

THERE IS SOLUTION FOR ANY KIND OF PROBLEM
1560 Brimley Rd (Unit 100), Scarborough
ON M1P 3G9 **TELLESMERE & BRIMLEY**
647-739-9401

Veer Hanuman Astrologer & Psychic
Master: Ram Kumar 1 FREE QUESTION
ANY PROBLEM CAN BE SOLVED QUICKLY.
MEET HIM ONCE, GET PERMANENT SOLUTIONS
Tells Past, Present & Future.

He Handles any Problems: Health,
Depression, Family, Husband-Wife,
Love, Kids, Jealousy, Business
Lottery, Money, Court, Enemy etc

Removes Black Magic, Jadoo, Voodoo, Evil
Spirits & Gives 101% Lifelong Protection

647-539-4383, 647-241-6012
7920 Hurontario St, #41, Brampton
2656 Islington Ave (Upstairs
Mehek Beauty Saloon Etobicoke
(ISLINGTON & ALBION))
BUFFALO PLAZA (HWY 10 & STEELES)

Most Powerful Indian Swamiji
Master: BABAJI

HIS DIVYA DRISHTI (DIVINE CONSCIOUSNESS) Solves Problems:
* DEPRESSION * LOVE * MARRIAGE * DIVORCE
* FAMILY * HEALTH * SICKNESS * CHILDREN
* FINANCIAL * BUSINESS * PEACE OF MIND ETC

Babaji is Specialist in Agora Rudra Rituals & Removing
Katoragni Black Magic, Evil Spirits, Shaitaan, Witchcraft,
Obeya & Omen. (Positive Results are Guaranteed.)
ITS CHALLENGE, NOBODY CAN BREAK HIS PROTECTION.

Scarborough **Mississauga**
437-999-1334 **647-710-9905**
6210 Finch Ave E, #1 ON M1S 4Z6 67 Dundas St. W. ON, L5B 1H7

Master Jaideva
The Most Powerful Spiritual Healer

"Solves all Problems"
Love * Marriage * Kids
Education * Business * Job
Money * Health * Sexual
Family Prob * Enemy * Court

100% Removing Black Magic * Evil
Spirits * Obeya * Voodoo * Jadoo * Bad
Luck * Jealousy * Witchcraft * And
Gives Strong Protection...

647-669-1729
1672 Jane St (JANE & LAWRENCE)

World Famous Astrologer
Pandit: LAXMI RAJ

INDIAN VEDIC ASTROLOGER
Solves Problems related to Children
Family, Business, Job, Money, Court
Education, Depression Etc.

Private & Confidential
Removes Black Magic & Gives 100% Protection

647-531-6162
7110 Airport Rd, #2 Malton
Mississauga (Airport & Derry)

No. #1 Scarborough Astrologer & Psychic
Pandit: GURU RAGHVENDRA
Expert Palm & Face Reading and Date of Birth
TAKE RIGHT DECISION AT RIGHT TIME
CALL FOR 1 FREE QUESTION

Powerful & God Gifted Healer can Handle Any Problem
HEALTH, COURT, LOVE, CHILDREN MISTAKE, MONEY, JOB
BUSINESS, EDUCATION, DEPRESSION, ENEMY, JEALOUSY,
SEXUAL, HEALTH, PERSONAL MATTER MARRIAGE ETC
REMOVES BLACK MAGIC, JADOO, VODOO & GIVES 100% PROTECTION

416-844-5975
639 Markham Rd, Scarborough
M1H 2A4 Inside BOLLYWOOD 4U
MARKHAM & LAWRENCE

Famous Indian Astrologer
Pandit: GANESH MAHARAJ

"Solves all Problems"
Love * Marriage * Kids
Education * Business * Job
Money * Health * Sexual
Family Prob * Enemy * Court
FREE CONSULTATION (in Office)

100% Removing Black Magic * Evil
Spirits * Obeya * Voodoo * Jadoo * Bad
Luck * Jealousy * Witchcraft * And
Gives Strong Protection...

647-741-2299
1048 Albion Road Etobicoke, Upstairs
Kumar Diamond (ALBION & ISLINGTON)

Mr SETY, African
Spiritual Healer

I Can help you if you have Love or
Family problems or Bad Luck in
Business. I can bring your Lover back
to you quickly & Remove all Negativity.
Helps in Stopping any kind of Addiction.
No problem exists without Solution
Expert in Removing Para-normal Problems
Call me, You will Never regret it.
100% Guaranteed & Accurate Results

416-907-9321
www.Mr-sety.com

ITS MY CHALLENGE, NOBODY
CAN BREAK MY WORK

MISSISSAUGA ASTROLOGER
MASTER: YOGI

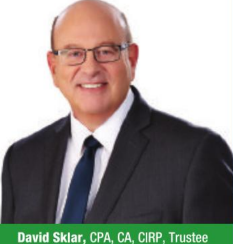
Removes Any kind of
Black Magic in 24 HOURS
Solutions: Jadoo, Voodoo, Obeya
& Gives solutions for Family,
Depression, Kids, Money, Job etc
HE CAN CLEAR ANY PROBLEM

647-768-7633
105 A Dundas St. E, Mississauga
(Hwy 10 & Dundas), Next to DOLLARAMA

FINANCIAL

OVERWHELMED BY DEBT?
CALL THE Licensed Debt Professionals™
GET OUT OF DEBT!

- ▶ Avoid Bankruptcy
- ▶ 1 Low Monthly Payment
- ▶ No Interest Charges
- ▶ Stop Collection Calls
- ▶ Government Licensed Proposal Administrators



David Sklar, CPA, CA, CFP®, Trustee

FREE Consultation 310-9200
 (NO AREA CODE NEEDED)

DAVID SKLAR & ASSOCIATES INC.
 Licensed Proposal Administrators & Trustee in Bankruptcy

HEAD OFFICE: 245 FAIRVIEW MALL DRIVE, SUITE 720, TORONTO, ON, M2J 4T1
 NORTH YORK • TORONTO • PICKERING / AJAX • MISSISSAUGA / ETOBICOKE • BRAMPTON

www.DavidSklar.com

STOP COLLECTION CALLS
GET DEBT RELIEF NOW!



CALL ERIKA
 (LICENSED DEBT EXPERT)

Reduce or Eliminate Tax Debt too.
 Stop Garnishments and Court Actions
Debt Proposals, Debt Counselling, Avoid Bankruptcy
 Call NOW to talk with a Government-Licensed Expert
Low income? No problem! Ask about our affordable, very low fee to get Debt-Free.
 We're here to help. Friendly, Caring Professionals.
Free consultation. Same day appointments.

1-877-332-8416
416-288-8048

Scarborough (Main office), Weston,
 Brampton, Oshawa, Mississauga (Pt Credit)

Rusinek & Associates Inc Trustee in Bankruptcy
www.rusinek.ca

WANT YOUR DEBT GONE?
WELKERANDCOMPANY.COM

WE'RE HERE TO HELP

- ✓ Erase your debt
- ✓ Stop collection calls
- ✓ Avoid bankruptcy
- ✓ Reduce your stress
- ✓ Stop garnishments
- ✓ Get a fresh start

FREE CONSULTATIONS

647-793-6411

MAIN OFFICE: 1969 WESTON ROAD, TORONTO
 TORONTO | BRAMPTON | MISSISSAUGA | SCARBOROUGH | BARRIE

WELKER AND COMPANY

Federally Licensed: Proposal Administrator & Trustee in Bankruptcy

LOWEST RATES
 for bad credit loans since 1984

Need a loan?
FAST Same day loans

Personal loans ▶ Up to \$5000 (1 yr on job; \$18/hr.min.req.)*
 Car paid off? ▶ Up to \$20,000 (car 6 years or newer)*

Open loans. Pay off early. Get refund.

416 634-2026 **PrudentLoanApprovals.com**
*Call for details and conditions A division of Prudent Financial Services

TOO MANY BILLS... GET A FRESH START!



Bankruptcy • Proposals
Debt Counselling

416-740-5400
 Toronto • Rexdale
 Etobicoke • North York
 Don Mills • Bloor West
 Scarborough

KEVIN THATCHER & ASSOCIATES LTD.
 TRUSTEE IN BANKRUPTCY

905-273-6300 Mississauga • Brampton
1-888-329-5198 www.billfixer.com

FREE CONSULTATIONS
EVENING APPOINTMENTS
FLEXIBLE PAYMENTS

Head Office: Rexdale, others non-resident

How's the news today?

Join our Online Reader Panel and help make your **Metro News** even better. Join for a chance to win a \$25 gift card.

metronews.ca/panel **metro**

DEBT RELIEF

Are you drowning in debts? I can help you...

- Consolidate debts, no interest
- Settle your debts without a bankruptcy
- Stop collection calls and garnishments
- Get rid of tax debts and court actions

Free Consultation: 416.455.7709
 Evenings and weekends appointment also available

Rumanek & Co. Ltd. Administrators of Proposals, Trustee in Bankruptcy & Debt Consolidation Arrangements:
 Head Office in North York, ON. Offices in Scarborough & Mississauga.



NONA KUMAR
 Estate Administrator
 Credit Counsellor

CREDIT PROBLEMS?
 REDUCE YOUR DEBTS & SLEEP LIKE A BABY

EMPIREONE

Consolidate All Your Debts Into One Small Monthly Payment & Pay NO Interest

416.900.2324

WE OFFER FREE CREDIT CHECKS
 FREE ONE ON ONE CONSULTATION
www.empireonecredit.com

SCARBOROUGH 250 Consumers Rd. Suite 810
 NORTH YORK 1111 Finch Ave. W. Suite 203
 OSHAWA 67 King Street East Suite #2
 MISSISSAUGA 165 Dundas Ave. W. Suite 701

MORTGAGE APPROVED!

- 1st and 2nd Mortgage for any purpose.
- Refinance to 87%. Purchase to 95%.
- With rates at historic lows, now is the time to re-finance your home!
- Consolidate cards into 1 payment
- Self-employed? Stated income.
- Good and bad credit are welcome!
- Behind in Mortgage Payments?

WE CAN HELP!
HOMELAND MORTGAGE
416-519-3505 OR 647-273-5626
WWW.HOMELANDMORTGAGE.ORG

License # 11991

EDUCATION

PERSONAL SUPPORT WORKER
 Be Job Ready in 8 months

Financial Assistance May be Available to Those Who Qualify

FREE Instructor-Led English Classes

647-559-3965
WWW.AOLTORONTO.COM



Save THOUSANDS and be debt FREE

MR. Debt Solutions
416.424.1510

Up to **85%** Debt Reduction

Pay ZERO INTEREST

- * Home Service Available
- * Credit Rebuild Program
- * Free Credit Check

Free 100 Gift Card

MISSISSAUGA • NORTH YORK • BRAMPTON • SCARBOROUGH
www.mrdebtsolutions.com
*Conditions Apply

PSYCHIC

African Marabout Spiritualist MR ABDULIE
 Clairvoyant Medium, Specializes in Old Traditional African Occult Activities
 Solves Your Emotional Problems.
 Brings Love back in Marriage,
 Reunites Lost Lovers, Cast out Evil Spirits, Provides Protection.
 Success in Jobs, Business & Court Cases. Discreet & Confidential.

100% Satisfaction, Fast & Effective Results

Call for appointment **416-784-1322**

EMPLOYMENT

SHERWAY COLLISION
 AUTO & TRUCK
 40 YRS. BUSINESS

Seeking 2 positions
 Prepmen & Detailing
 Top wages & benefits
 Dundas & Kipling area

Call Palmer
(416) 219-0911
(416) 231-4521

I am looking for drivers with at least 3-5 years' experience in the delivery or moving furniture field.

We do deliveries for retail stores and household moving.
 Driver must have a valid G license or higher and experience with standard 5 ton trucks.

Email ateam1@live.ca or call
416-736-0720 for an appointment.

ANDERSON COLLEGE
 OF HEALTH, BUSINESS AND TECHNOLOGY
 Your Training. Your Career. Your Future.

Become a Medical Lab Technician
 Program Includes Practicum

Financial Assistance May Be Available to Those Who Qualify
 Second Career Funding Available to Those Who Qualify
 FREE Instructor-Led English Classes

647.691.0669 • 416.466.6107 • andersoncollege.com



RECIPE Apple Chicken Curry



PHOTO: MAYA VISNVEI

Ceri Marsh & Laura Keogh
For Metro Canada

We call this our beginners curry — not very spicy and really simple to make.

Ready in
Prep time: 20 minutes
Serves 4

Ingredients

- 1 cup basmati rice
- 2 chicken breasts, cut into bite-sized pieces
- 1 Tbsp vegetable oil
- 1 onion, sliced
- 2 garlic cloves minced
- 1-2 tsp curry powder or paste
- 1 tsp soy sauce
- 2/3 cup of coconut milk
- 2/3 cup of chicken stock
- 1 large apple, peeled and sliced

into thin wedges
• 1 cup of frozen peas
• 1/4 cup of plain yogurt

Directions

1. Prepare rice according to package instructions.
2. Brown the chicken in a bit of vegetable oil in large skillet. Add the onions and cook for about 5 more minutes. Then add the garlic and the curry and cook for another minute.
3. Add the coconut milk, chicken stock and soy and stir together.
4. Add the apple pieces and simmer for 5 minutes. Add the peas and allow them to warm through. Check to see that the chicken has cooked through.
5. Serve the curry over rice and top it with a bit of yogurt.

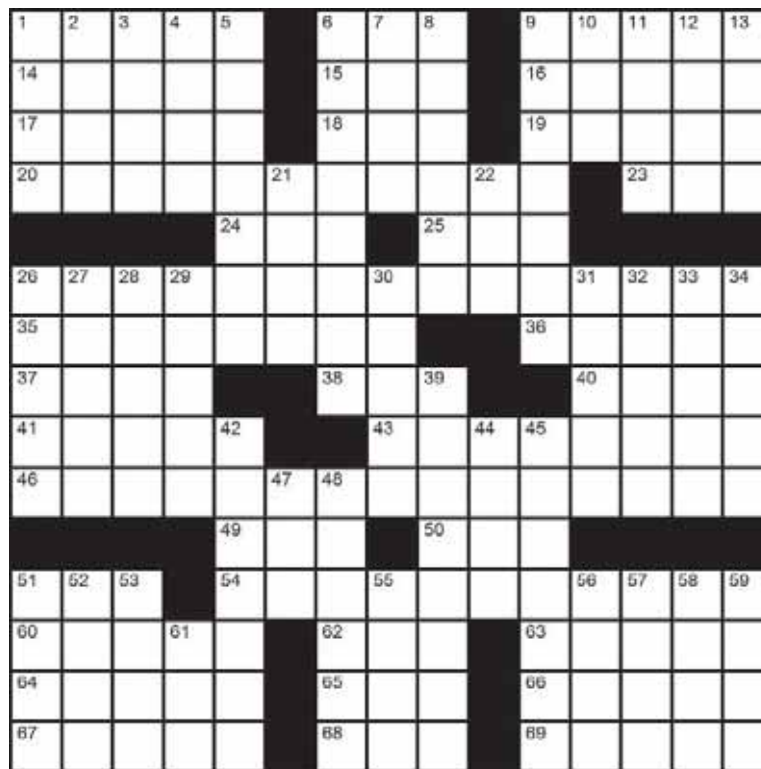
FOR MORE MEAL IDEAS, VISIT
SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Actress/singer Ms. Maracle
6. Hosp. readout
9. Fireplace flick-er
14. "Alice" star Linda
15. Expert
16. Mediterran-ean island
17. Send to the House of Commons
18. 'Jag' add-on (Big spotted cat)
19. Yves Saint Lau-rent perfume
20. Gigantic red roadside attraction in Elm Creek, Mani-toba: 2 wds.
23. He who loved Estella
24. Bemoan
25. French 'law'
26. FIFA 16, the new ____ by EA Sports, fea-tures women's national teams for the first time, including Canada
35. "____ MacEvil" by Blood, Sweat & Tears
36. Knobby
37. End in ____ (Draw)
38. 'E' in HRE, briefly
40. Variant-spelled edge tool
41. Feelings
43. Move in pro wrest-ling: 2 wds.
46. Anglophones: 2 wds.
49. Boxing stat.
50. Gerard ____ Borch (Dutch painter)
51. Notable time



54. News, interviews, indie band airplay... Student-run opera-tion: 2 wds.
60. Enthusiasm
62. Jon Jovi link
63. Advertis-ing suffix
64. Sparkle
65. Egg mass

66. Be victorious in: 2 wds.
67. Skirt's stitched spots
68. Hmmms...
69. Hayes and Connery

DOWN

1. Music notation

2. Nova Sco-tia's cap.
3. At all
4. Particular pud-ding
5. ____ days (From Friday, when it'll be Monday)
6. This brandy's French name means 'water of life': 3 wds.
7. "If I Had \$1,000,000" vehicle
8. President Ford
9. Carly Rae Jepsen's latest album
10. Chart
11. Radar signal
12. Ornament-

- al case
13. Highway exit
21. Portable dwell-ing of Mongolia
22. San Francis-co's ____ Valley
26. Pool table surface
27. Go ____ a limb
28. Including others in on the memo
29. Fish-hold-ing basket
30. Poetic feet
31. "____ Alice..." - Jefferson Airplane, "White Rabbit"
32. Befuddle
33. Madonna's ac-tress friend Debi
34. For short in Science.. Na, Ne and Ni
39. Fare featured on #9-Down: 2 wds.
42. Funny tele-vision shows
44. Kiki and Sandra
45. Surnamesakes of Peter of Peter, Paul & Mary
47. Music style
48. Madrid 'man'
51. Frittata in-gredients
52. Lindsay Lo-han movie, "Geor-gia ____" (2007)
53. On the Atlantic
55. Ricky Nelson's "____ Little Fool"
56. Movie direc-tor Mr. Posin
57. Mr. Carvey
58. David Bow-ie's wife
59. Quaker ____ Company
61. Highlands hat

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
You may suspect that someone is taking advantage of your easygoing nature but don't make a fuss about it. There is no percentage in getting angry with people who take a little bit for themselves at your expense. You can afford to be generous.

Taurus April 21 - May 21
There is an air of anticipation, as if something dramatic will happen. If you keep your head you will benefit from whatever changes take place.

Gemini May 22 - June 21
You might like to change the world but all you can really do is change yourself. Act only from the highest of principles today and set an example for others.

Cancer June 22 - July 23
What seemed like a setback yes-terday will be seen in a much more positive light today. Your attitude toward success will change. There is no reason at all to be embar-rased if you find fame and fortune.

Leo July 24 - Aug. 23
Your thoughts may be far away but you won't be allowed to neglect your duties for long. Employers will let you know in no uncertain terms if they think you are not pulling your weight.

Virgo Aug. 24 - Sept. 23
Your power to influence events is limited but why should that be a bad thing? Do you really need to change things that much? Maybe it is your perspective that is wrong.

Libra Sept. 24 - Oct. 23
If you want something enough you will no doubt find a way to get it, but you will get it quicker and easier if you start thinking in terms of cooperation rather than conflict. There is only so much you can accomplish on your own.

Scorpio Oct. 24 - Nov. 22
The people you are closest too are feeling a bit neglected. Remind them what they mean to you. But don't give up on the hard work.

Sagittarius Nov. 23 - Dec. 21
Whatever you do over the next few days will be a success. It will be even more of a success if you don't worry too much about how much it is likely to cost you. Money is not an issue.

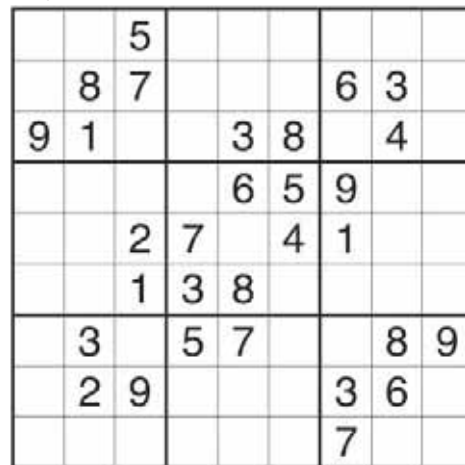
Capricorn Dec. 22 - Jan. 20
Keep your plans to yourself today. If you let slip even a hint of what you are up to those who wish you ill will find ways to make things tough.

Aquarius Jan. 21 - Feb. 19
Any doubts you had about what you should be doing with your life will disappear over the week-end. Remember: you are who you are for a reason. Listen to your inner voice. Let it guide you.

Pisces Feb. 20 - March 20
The odds are in your favour so make things easy for yourself by swimming with the tide rather than fighting against it. If someone wants to do things for you today all you have to do is let them.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



©2013 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.



Want a \$25 gift card for your opinion?

Join our Online Reader Panel by
texting 'metro' to 647.559.5090
for a chance to WIN!

metro

YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers.

for more fun and games go to
metronews.ca/games





AT LAST



**2015 CUP
PLAYOFFS**



START OCT 28
TORONTOFC.CA



BMO  **PROUD SPONSOR OF
THE 2015 SEASON**